

avb PvṡI i mgm"v I mgvavb

Problems and solution of rice production



evsj vṡ` k avb MṡeI Yv BbW÷ WUDU (Wēḡ)
MvRxcjy|



i Pbv, Mšbv I mšuv`bvq
W. tgv: Rini aj Bmj vg, W. tgv: Bmj vg Dii b tgvj u, W. tgv: dRj j Bmj vg I tgv: kivr`vZ tivrmb

Kvi Mi x mnvqZvq
ueAvi fKue I qvIKS Mšc

Avi R mnvqZvq
ueAvi fKue-ue^aGbGiuuc-ueGAvi um Dc-clKí

cvi Kí bv, Mtel Yv I mmeR ZEjeavtb
W. tgv: Bmj vg Dii b tgvj u

uWRvBtb
tgv: Avaj gvub



ersj vt`k avb Mtel Yv Bbiv÷uUDU (ue), MvRxcj/

mPcĪ

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avb Pɩtɩ i mgm'v I mgvavb

avb Avɣvɛ' i cǎvb dɩj I Lv' km' | avb Pɩl Gt' tki A_ǂwɩzi mɩt_ I tZvɛcǂZfvɛ RɩwZ | Zte avb Pɩl wɛtq KI tKiv wɛwɩbɛmɛgq bɩvɩmɛa mgm'vi mgvavb nɛq _vɛKb | G mɛi gɛa' eb'v, Liv, wɛkɩvɛwɛ, j eYv³Zv, tɛvKɩvKo, ti vMɛj vB, Avɩzi³ Zvɛɣvɩv I kɩZ cǎvb | Gme Kvi tY dj tbi cɩZ ɩwɩZmɩwɩZ nɛq _vɛK | Gme cǂZKj-Zv tɣvKvɛj v Kti wɛwɩ' ǂ cwi gɩY RɩɣtZ Aɩ Li tP tɛwɛ avb Drcv' b Kti Lv' wɛwɩv cǂZ wɛwɩ' Z Kiv Avɣvɛ' i cǎvb j ɩ' | Gme cǂKwɩZK `ɩhɩ I Ab'v' mgm'v tɣvKvɛj v Kivi Kj vɛKɩKj mɛcɩK' mɛg'vK Avb _wɩKtj Kɩv' yZ dj b AR ǂ Kiv mɛe | Zte tKv tKv tɩtɩ ce ǂwɩzi cǂqɩRb nɛq _vɛK | cǂKvɩtɩ avb Pɩtɩ i cǎvb cǎvb mgm'v I Zvi e'vL'v Ges mɩwɩwɩ mgvavb mgvavb wɛtq ǂ E nj |

1. avɛbi Pɩv mɩmɩʃɩ



Av' k'ɛxRZj v



mɩ' mɛj Pɩv

1.1 mɩ' mɛj Pɩv Drcv' tɩ Kɩfvɛ cwi cɔ' fɩj exR evQvB Kiv hvq Ges Gi cǂqɩRbɩqZv Kɩ?

fɩj exR gɩtɩ mɩ' mɛj Pɩv Drcv' b | exR evQvB cɩwɩzi gɩa' tɣ cwi cɔ' fɩj exR evQvB Kiv hvq | tɛtɩv, AvDk I Avgb wɩZb tɣmɩgB exR evQvB Kiv tZ nɛ | evQvBKZ.ti vMgɔ' cwi' vi I cwi cɔ' exR AwɩK AsKɩv' Mg ɩgZv mɩ' wɛwɩ' tɣ _vɛK |

exR evQvB cɩwɩZ

- ▶ `k wɩ Uvi cwi' vi cɩwɩZ 375 Mɩg BDwi qv mvi wɛkɩv
- ▶ GtZ 10 tKɩR exR tQto nvZ w' tɣ tɩtɩtPto wɛb
- ▶ nvZ ev Pɩj wɛ w' tɣ fɩmɩv A_ ev Acɔ' exR mɩv tɣ tɩj ɩ
- ▶ Wɛʃɩvɩv exR_ wɩ cwi' vi cɩwɩZ 3-4 evi fɩj fvɛ aɩq wɛb |



exR evQvB cɩwɩZ

1.2 wɛtɩ hZɛnKvɩtɩ Pɩv DVɩtɩvɩ cǂqɩRb tKb?

Pɩvi wɛKwɩwɩ tɩtɩ tɩvɛtɩ ci Pɩvi evo-evowɩzi tKv Amɩvɛav nq bv | Zte KvŬ wɩtɩ tɩtɩ ev tɩtɩ tɩtɩ Pɩvi evo-evowɩZ AɩbK wɛj wɛZ nq Ges Kwɩ MRɩtZ t' wɩ nq |

e'e' tɩcbv

- ▶ Pɩv DVɩtɩvɩ AvtM exRZj vq tɛwɛ Kti cɩwɩ w' tɣ gɩwɩ wɩfɩRtq bi g Kiv tZ nɛ
- ▶ hZɛnKvɩtɩ Pɩv DVɩtɩZ nɛ hvZ Pɩvi KvŬ ev tɩvov tɩtɩ bɩ hvq
- ▶ Pɩv tZvɩ vi ci cɩtq AvNvZ ev AvQvo w' tɣ gɩwɩ cwi' vi Kiv hvɛ bv
- ▶ Pɩv DVɩtɩvɩ ci tɩB Pɩvi cɩZv w' tɣ Avwɩ evav I DɩPZ bq
- ▶ i Kɩbv Lo wɩfɩRtq Avwɩ evatZ nɛ |



hZɛnKvɩtɩ Pɩv DVɩtɩv

1.3 mɩwɩK eqtmi Pɩve' envtɩ i cǂqɩRb tKb?

Pɩvi eqm tɛwɛ nɛj Dchɔ' dj b cɩl qv mɩ' e bq | tɩgb tɛtɩv tZ wɛ' avb 29 Gi Pɩvi eqm 50 w' tɩ tɛwɛ nɛj cǂZ w' tɩ Rb' wɛNvq 8.4 tKwɩ Kti dj b Ktɣ |

Dchɔ' Pɩvi eqm

- ▶ AvDɩkt 20-25 w' b
- ▶ Avɣtɩt 25-30 w' b Ges
- ▶ tɛtɩv tZt 35-45 w' b nɩ qv DɩPZ |



20 w' b eqtmi Pɩv

Zte bmetZ j vMvrbv Avgb avtbi Privi eqm tenk ntj cōZ tMvQvq 5-7w Kti Privi tivcY Ki tZ nte | bmetZ ev t`wi tZ Avgtbi Privi j vMvrbvi t`qfT Avtj vKmsste`bkxj RvtZi Privi eqm 30-40 w` b n l qv DvPZ |

1.4 avtbi Privi qmZ bv Kti cwi entbi mbggvewj Kx?

hZonKviti avtbi Privi exRZj vt`tk gj- RvgtZ enb Kiv DvPZ | Zv bv ntj entbi mgq Pvtc, Zvtc ev AvNvtZ Privi , YMZ gvb bō ntq thtZ cvti | dtj Privi evo-evovZ Ktg hvte |

cwi entbi mbggvewj

- ▶ Privi entbi mgq cvZv ev KvŪ tgvovrbv cwi nvi Ki tZ nte
- ▶ Sō ev UKviti tZ mwi Kti mvrRtg cwi enb Ki tZ nte
- ▶ e`te`x Kti avtbi Privi tKvbμtgB enb Kiv DvPZ bq |



2. avtbi RvZ mspvšl



weAvi 8

weAvi 16

weAvi 19

weAvi 44

2.1 So-SAvq avb Sti cto bv Ggb RvZ tKvb, tj v?

Sōv nvl qvq Ges ukj vevōtZ cvKv avb Sti cto dj tbi cōZ qmZ mvaZ nq | Gme t`qfG Ggb me RvZ Pvl Ki tZ nte th, tj vi avb uk t l i mvt`k³ hvte tj tM`vtK |

RvtZi `enkō`

- ▶ Sōv nvl qvq Ges ukj vevōi t`qfT weAvi 8 Ges weAvi 9 RvZ `ōU we tkl hvte Dc thvMx, Kvi Y weAvi 8 Ges weAvi 9 RvtZi avb uk t l i mvt`k³ hvte tj tM`vtK weavq Sti cto bv
- ▶ So-SAv Ges ukj vevō cōY Gj vKvq G RvZ `ōU Pvl Kti Avak dj b cvl qv m`ē |

2.2 nvl o AĀtj i Dc thvMx tev ti vi RvZ Kx Kx?

tev ti v avb cvKvi mgq nVir AvMvg Xj ev eb`vq cvKv avb Zvj tq hvq weavq avb KvUv hvq bv | ZvB Gme t`qfG j `p RvtZi Ddkx avb Pvl Kiv DvPZ |

RvtZi `enkō`

- ▶ nvl o AĀtj weAvi 17, weAvi 18 Ges weAvi 19 Pvl Kiv ev Ābxq
- ▶ G RvtZi MvtQi D`PZv 115-125 tmg
- ▶ eb`vq gv tV tKvgi cwb ntj l Gme RvtZi dmj KvUv hvq
- ▶ AZGe, nvl o AĀtj i Rb` G RvZ, tj v we tkl hvte Dc thvMx |



weAvi 18

2.3 Avgtb Aj eYv³ tRvqi -fvUv Gj vKvi RvZ tKvbw Ges Gi `enkō Kx?

eisj vt`tki `mYvĀtj i Aj eYv³ tRvqi -fvUv Keij Z wev`bCj vKv i tqtQ, thLvrb mbqwgZ tRvqi -fvUv nq | Gme Gj vKvq j `p l KvD k³ RvtZi avb Pvl Kiv DvPZ |

RvtZi `enkō`

- ▶ weAvi 44 tRvqi -fvUv Gj vKvq thLvrb 50-60 tmmUvgUvi chS tRvqi i cwb Avtm tmLvrb Pvl Dc thvMx
- ▶ RvZvU weAvi 11 Gi PvBtZ 10-15 tmmUvgUvi j `p n l qv m tZ j | KvŪ k³ vKvq mntR tn t j cto bv
- ▶ Gi RxbKvj 145 w` b Ges weNv cōZ dj b 24 gY
- ▶ tRvqi -fvUv Gj vKvq tivc tYi Rb` Privi hZ eo nte ZZB fij
- ▶ ZvB Gi exR 20-25 `R tōi gta` ecb Ki t j tivc tYi Rb` Privi eqm 40-50 w` b nte |

2.4 Wwq̄t̄eUk̄ ti vMxi Dc̄thvMx̄ av̄t̄bi RvZ̄ t̄Kv̄b̄uU?

fv̄Z̄ m̄v̄v̄i YZ̄ K̄v̄t̄ēf̄v̄B̄t̄W̄t̄Ūi c̄w̄i ḡv̄Ȳ t̄ēk̄ A_̄f̄ 100 M̄ḡ fv̄Z̄ c̄ūq̄ 25-28 M̄ḡ K̄v̄t̄ēf̄v̄B̄t̄W̄Ū _v̄t̄K̄ | Āw̄Z̄w̄i³ K̄v̄t̄ēf̄v̄B̄t̄W̄Ūh̄ȳ t̄K̄v̄b̄ L̄v̄ēv̄i t̄L̄t̄j̄ i t̄³ m̄M̄v̄t̄i i c̄w̄i ḡv̄Ȳ t̄ēt̄o h̄v̄q̄ h̄v̄ W̄w̄q̄t̄ēUk̄ t̄i vM̄x̄t̄` i R̄b̄` ̄ŋ̄w̄Z̄K̄i | Āv̄ēv̄i t̄h̄m̄ē av̄t̄bi R̄v̄Z̄ M̄b̄B̄īm̄ḡK̄ B̄b̄t̄W̄. t̄ēk̄, t̄m̄, t̄j̄ v̄ t̄L̄t̄j̄ i t̄³ m̄M̄v̄t̄i i c̄w̄i ḡv̄Ȳ Āw̄Z̄ Z̄v̄ōv̄Z̄w̄ō t̄ēt̄o W̄w̄q̄t̄ēUk̄ t̄i vM̄x̄t̄` i t̄ēk̄ ̄ŋ̄w̄Z̄ K̄t̄i | t̄h̄ m̄ē av̄t̄bi R̄v̄Z̄ Ḡv̄ḡv̄B̄t̄j̄ v̄t̄R̄i c̄w̄i ḡv̄Ȳ t̄ēk̄ (25-30%) A_̄f̄ fv̄Z̄ k̄³ | S̄i S̄t̄i Z̄v̄Z̄ M̄b̄B̄īm̄ḡK̄ B̄b̄t̄W̄. K̄ḡ (50 Ḡi v̄b̄t̄P̄) | ŋ̄m̄× P̄r̄t̄j̄ (Pressure parboiled) M̄b̄B̄īm̄ḡK̄ B̄b̄t̄W̄. Āv̄Z̄c̄ P̄v̄j̄ t̄_̄t̄K̄ Āt̄b̄K̄ K̄ḡ | Āb̄j̄ȳc̄ f̄v̄t̄ē ēv̄ ŋ̄ḡ P̄r̄t̄j̄ (Brown rice) A_̄f̄ t̄X̄w̄k̄Q̄v̄l̄v̄ ĀāK̄v̄ōv̄ P̄r̄t̄j̄ ŋ̄ḡt̄j̄ Q̄v̄l̄v̄ m̄v̄`v̄ P̄v̄j̄ (Polish rice) Āt̄c̄ ̄ŋ̄v̄ K̄ḡ M̄b̄B̄īm̄ḡK̄ B̄b̄t̄W̄. _v̄t̄K̄ ŋ̄ēāv̄q̄ W̄w̄q̄t̄ēUk̄ t̄i vM̄x̄t̄` i R̄b̄` Z̄v̄ t̄ēk̄ D̄c̄t̄h̄v̄M̄x̄ | Z̄v̄Q̄v̄ōv̄ m̄v̄`v̄ P̄r̄t̄j̄ Āv̄t̄k̄i c̄w̄i ḡv̄Ȳ K̄ḡ _v̄t̄K̄ | Āc̄i ŋ̄` t̄K̄ ēv̄ ŋ̄ḡ P̄r̄t̄j̄ K̄ø̄v̄ _v̄K̄v̄Z̄ Āv̄t̄k̄i c̄w̄i ḡv̄Ȳ t̄ēk̄ _v̄t̄K̄ ēt̄j̄ W̄w̄q̄t̄ēUk̄t̄K̄i S̄ȳk̄ K̄t̄ḡ | Z̄t̄ē W̄w̄q̄t̄ēUk̄ t̄i vM̄x̄t̄` i t̄K̄v̄b̄t̄ḡB̄ c̄w̄i ḡv̄Ȳi Āw̄Z̄w̄i³ K̄v̄t̄ēf̄v̄B̄t̄W̄Ūh̄ȳ L̄v̄ēv̄i (fv̄Z̄m̄n̄ Āb̄`v̄b̄) L̄v̄l̄ q̄v̄ D̄v̄P̄Z̄ b̄q̄ |

Ki Yxq̄

- ▶ Āv̄š̄R̄ŋ̄Z̄K̄ c̄h̄ŋ̄q̄ M̄t̄ēl̄Ȳv̄q̄ t̄`L̄v̄ t̄M̄t̄Q̄ ŋ̄m̄× P̄r̄t̄j̄ (Pressure parboiled) m̄ēŋ̄ḡē(27) M̄b̄B̄īm̄ḡK̄ B̄b̄t̄W̄. _v̄t̄K̄ ŋ̄ēĀv̄i 16 R̄v̄Z̄ Ḡēs̄ m̄t̄ȲP̄P̄ (87) m̄v̄b̄t̄M̄v̄i ēf̄Ū b̄v̄ḡK̄ b̄i ḡ Āw̄l̄v̄t̄j̄ v̄ fv̄Z̄i P̄r̄t̄j̄ | Z̄v̄B̄ m̄w̄K̄ f̄v̄t̄ē c̄ūq̄v̄R̄v̄Z̄K̄Z̄. (Pressure parboiled) ŋ̄ēĀv̄i 16 R̄v̄Z̄i P̄r̄t̄j̄ i fv̄Z̄ c̄w̄i ŋ̄ḡZ̄ c̄w̄i ḡv̄Ȳ W̄w̄q̄t̄ēUk̄ t̄i vM̄x̄i v̄ t̄L̄Z̄ c̄v̄t̄i b̄ h̄v̄ Āb̄` t̄h̄ t̄K̄v̄b̄ R̄v̄Z̄i t̄P̄t̄q̄ Āt̄b̄K̄ ŋ̄b̄i v̄c̄`
- ▶ W̄w̄q̄t̄ēUk̄ t̄i vM̄x̄i v̄ Āv̄Z̄c̄ P̄v̄j̄ b̄v̄ t̄L̄t̄q̄ ŋ̄m̄× K̄i v̄ P̄r̄t̄j̄ i S̄i S̄i v̄ fv̄Z̄ L̄v̄l̄ q̄v̄ D̄v̄P̄Z̄
- ▶ i t̄³ i m̄M̄v̄t̄i ŋ̄b̄q̄š̄t̄Ȳi R̄b̄` W̄w̄q̄t̄ēUk̄ t̄i vM̄x̄t̄` i ŋ̄ḡt̄j̄ Q̄v̄l̄v̄ m̄v̄`v̄ P̄r̄t̄j̄ i c̄w̄i ēt̄Z̄ ̄ŋ̄w̄k̄Q̄v̄l̄v̄ ēv̄ ŋ̄ḡ P̄r̄t̄j̄ i fv̄Z̄ L̄v̄l̄ q̄v̄ D̄v̄P̄Z̄ |



W̄w̄q̄t̄ēUk̄ t̄i vM̄x̄i D̄c̄t̄h̄v̄M̄x̄ R̄v̄Z̄ ŋ̄ēĀv̄i 16

3. n̄v̄B̄īēW̄ av̄t̄bi R̄v̄Z̄ m̄s̄m̄v̄š̄l̄



ŋ̄ē^a n̄v̄B̄īēW̄ av̄b̄1



ŋ̄ē^a n̄v̄B̄īēW̄ av̄b̄2



ŋ̄ē^a n̄v̄B̄īēW̄ av̄b̄3



ŋ̄ē^a n̄v̄B̄īēW̄ av̄b̄4

3.1 n̄v̄B̄īēW̄ av̄b̄ P̄v̄l̄ ḡv̄l̄Ū I c̄w̄i t̄ēt̄k̄i ̄ŋ̄w̄Z̄ K̄t̄i K̄x̄?

n̄v̄B̄īēW̄ I B̄b̄īēW̄ D̄f̄q̄B̄ av̄t̄bi D̄`P̄ d̄j̄ b̄k̄ȳj̄ R̄v̄Z̄ (D̄d̄k̄x̄) | n̄v̄B̄īēW̄ I B̄b̄īēW̄ Ḡi P̄v̄l̄ v̄ēt̄` i ḡt̄ā` t̄Z̄ḡb̄ t̄K̄v̄b̄ c̄v̄_̄R̄` b̄v̄B̄ | Z̄t̄ē ḡv̄l̄Ūi D̄ēP̄Z̄v̄ av̄b̄ D̄r̄c̄v̄` t̄b̄i t̄ŋ̄t̄ŋ̄ ŋ̄ēt̄k̄l̄ , īāz̄c̄Ȳŋ̄ ḡv̄l̄Ūi D̄ēP̄Z̄v̄ ēj̄ t̄Z̄ ēš̄v̄q̄ ḡv̄l̄ŪZ̄ M̄v̄t̄Q̄i ĀZ̄`v̄ēk̄`K̄ L̄v̄`v̄c̄v̄` v̄b̄m̄ḡn̄` M̄h̄Ȳt̄h̄v̄M̄` m̄īv̄K̄ i v̄m̄īq̄v̄b̄K̄ Āē`l̄q̄ m̄īv̄K̄ c̄w̄i ḡv̄Ȳ Āv̄t̄Q̄ K̄x̄ b̄v̄ | ḡv̄l̄Ūi D̄ēP̄Z̄v̄ Q̄v̄ōv̄l̄ k̄m̄` D̄r̄c̄v̄` t̄b̄i t̄ŋ̄t̄ŋ̄ c̄w̄i t̄ēk̄, t̄h̄ḡb̄- Āv̄ēn̄v̄l̄ q̄v̄, c̄m̄b̄i c̄ūc̄`Z̄v̄, t̄c̄v̄K̄v̄ḡv̄K̄ō, t̄i v̄M̄ēj̄ v̄B̄ B̄Z̄`w̄` , īāz̄c̄Ȳŋ̄ f̄īḡK̄v̄ c̄īj̄ b̄ K̄t̄i _v̄t̄K̄ | k̄t̄m̄`i ŋ̄b̄ēōZ̄v̄ ēw̄x̄, μ̄īŪc̄Ȳ^o m̄v̄i, c̄m̄b̄ I k̄m̄` ē`v̄c̄b̄v̄ Ḡēs̄ ̄ŋ̄R̄ē m̄v̄i K̄ḡ ē`ēn̄v̄t̄i i d̄t̄j̄ ḡv̄l̄Ūi D̄ēP̄Z̄v̄ k̄w̄³ w̄` b̄ w̄` b̄ K̄t̄ḡ h̄v̄t̄`Q̄ | B̄n̄v̄ m̄K̄j̄ D̄d̄k̄x̄ av̄b̄ P̄v̄l̄ v̄ēt̄` i t̄ŋ̄t̄ŋ̄ m̄ḡf̄īt̄ē c̄ūh̄v̄R̄` | D̄d̄k̄x̄ av̄b̄ Āv̄ēt̄` ḡv̄l̄Ū I Āv̄ēn̄v̄l̄ q̄v̄i ̄ŋ̄w̄Z̄ t̄_̄t̄K̄ i ̄ŋ̄v̄ c̄v̄l̄ q̄v̄i R̄b̄` c̄ūq̄v̄R̄b̄x̄q̄ ē`ē`v̄c̄b̄v̄ t̄h̄ḡb̄-

ē`ē`v̄c̄b̄v̄

- ▶ D̄c̄h̄ȳ I m̄īv̄K̄ R̄v̄Z̄ ŋ̄b̄ēP̄b̄
- ▶ m̄īv̄K̄ m̄v̄i, m̄īv̄K̄ ḡv̄l̄v̄q̄, m̄īv̄K̄ m̄ḡt̄q̄, m̄īv̄K̄ c̄x̄w̄Z̄Z̄ ē`ēn̄v̄i K̄i v̄
- ▶ ̄ŋ̄R̄ē m̄v̄t̄i i ē`ēn̄v̄i ŋ̄b̄w̄ōZ̄ K̄i v̄
- ▶ m̄īv̄K̄ c̄m̄b̄ ē`ē`v̄c̄b̄v̄ Āb̄j̄ȳi ȲK̄i v̄
- ▶ m̄ḡq̄q̄Z̄ t̄c̄v̄K̄v̄ḡv̄K̄ō I t̄i v̄M̄ēj̄ v̄B̄`ḡb̄ K̄i v̄
- ▶ D̄c̄t̄i v̄³ ŋ̄ēl̄ t̄q̄ ŋ̄b̄w̄ōZ̄ n̄t̄Z̄ c̄v̄i t̄j̄ n̄v̄B̄īēW̄ I B̄b̄īēW̄ av̄b̄ P̄r̄t̄l̄ ḡv̄l̄Ū I Āv̄ēn̄v̄l̄ q̄v̄i t̄K̄v̄b̄ ̄ŋ̄w̄Z̄ n̄l̄ q̄v̄i m̄āt̄ēb̄v̄ t̄b̄B̄ |

3.2 nvBueW avtbi dmj t_#K exR i vLv hvte Kx?

bnwZMZ fite `U wfbæ, Y wekó RvZi m¼ivqþbi dtj th cŭg cRþbfi (F,) D^me nq ZvþK nvBueW avb ej v nq| nvBueW avtbi m¼i mvej `Zvi (Heterosis effect) Rb` `vbrv I Rb, MvþQi D^pZv, QvVq avtbi msL^v evovi dtj nvBueW avb Ab`vb` D^p dj bkxj RvZi tþtq 15-20% tewk dj b w`tq_#K hv i agvI F, ev cŭg cRþbfi_#KB cvl qv hvq|

Kvi Ymgn

- ▶ Ddkx RvZ, tj v cŭgK m¼ivqþbi ci I ô (F_o) ev mBg (F₁) cRþbfi_#K ev QvB Kiv nq weavq RvZ, tj v tKšj ZvEþK fite mgugkb (Homozygous) RvZ, ZvB D³ RvZiUi wekto`i Av i tZgb tKvb cwi eZ⁸ nq bv
- ▶ Aciv`þK, `U wfbæ, Y wekó RvZi m¼ivqþbi dtj th cŭg cRþbfi D^me nq Zv tKšj ZvEþK fite Amgugkb (Heterozygous) ntq_#K hv cieZx⁸esk ci `úivq w`wZkxj_#K bv weavq F₂-F₆ chšl RvZ ev avtbi wekó` wfbæfæ ntZ_#K, thgb MvQ DPywbPyQov j þj ev LvþUv, avb tgvUv-wPKb, dj AvþM cþi Avmv, GK miv_ bv cvKv, Kk Kg-tewk nI qv BZ`w` BZ`w` ; dj kþZþZ dj bI Kþg hvq
- ▶ ZvB gvtV ti vcYKZ nvBueW avb dmj t_#K exR i vLv tgvþUI D^pZ bq|

4. Rīg I gmlU mspuši



cvl qvi wj vti Rīg Pvl



Miæw`tq Pvl



Pvl w`tq Rīg tdtj i vLv



Rīg mgvb Kiv

4.1 ermþi GKB RīgþZ KZ evi avb Pvl Kiv D^pZ?

evs v`þki Kw. cævbZ avb Pvl tKw`K| Dbæ km`µtgi K_v vPšl bv Kþi ermþi GKB RīgþZ 2-3 evi avb Pvl Kiv nt`Q| ZvþZ Kþi avb evt` Ab`vb` dmtj i Rb` Avg i v Avg` vbx wfbæ ntq comQ| ZvQov RīgþZ GKB dmj evi evi Pvl Kiv q gmlU, Yv, Y I DeþZv kw³ w` b w` b tj vc cvt`Q| Dci šlcv Kiv Ko I ti vMej vB ewx tcþq cwi þetki ¶wZ mvab Ki þQ| G Ae`v Pj þZ_vKþj fweI`þZ gmlU cwi tek avb Pvl i AthwM` ntq thþZ cvti |

e`e`vcbv

- ▶ ermþi GKB RīgþZ GKU avb dmj Kiv mtefeg; tKvb µtgb`U i tewk avb dmtj i Pvl Kiv D^pZ bq
- ▶ avb Pvl i Avq e`tqi wmvte t`Lv tMþQ, Ab` dmtj i miv_ GKU ev`U avb dmtj i web`vm GKvatþi 3w avb dmj Pvl t_#K j vFRbK| mzi vs, ermþi GKB RīgþZ GKU ev`U avb dmtj i tewk Pvl Kiv wK bq|

4.2 Rīg mgvb Kiv cŭqvRb þKb?

Rīg mgvb bv ntj DPYvqMvi gmlU i wKtq Ges wPyRvqMvq Pvi vWþe gþi thþZ cvti | ZvQov mvti i, weþkI Kþi bvBþUþRþbi e`envi mgvb nq bv| ZvþZ MvQ DPywbPyþe Ges AvMvQvi AvµgY evto| fij fite 3-4w Pvl I gb w`tq Rīg mgvb Ki þZ nte| cŭqvRþb tKv`vtj i mivvth` Rīg mgvb Kiv thþZ cvti |

cŭqvRbxqZv

- ▶ Rīg mgvb ntj mg`Z RīgþZ mgvšl vj fite cvnb_vKþe
- ▶ AvMvQvi Dc`c Kg nþe Ges avb GKmiv_ cvKþe|



Amgvišl vj Rīg

4.3 gmlU DeþZv kw³ ewx Kivi Dcvqmgþ-Kx?

km`Drcv`þbi wbeozv ewx Ges D^p dj bkxj RvZi Pvl vevt` i dtj gmlU `Re Ges A%Re c`v`æZ ¶q nt`Q| c¶všþi gmlU `Re c`vt`P mivK e`e`vcbv i w`þK j ¶I` bv þi tL wbeþtþi Ges Amg gvI vq A%Re mvti i e`envi i dtj Avgt` i Rīgi DeþZv kw³ w` b w` b Kþg hvþ`Q| G Ae`v` xN¶ b Pj þZ_vKþj Avgt` i gmlU Drcv` b ¶lgZv nvm cvte| t`þki Lv` Pwv`v cþþi Rb` gmlU DeþZv nvtmi GB cæYzv tiva Kþi DeþZv ewx I Zv msi ¶Y Kiv AZ`vek`K| G Rb` Dchþ gvtv i vmvqwbK mvti i cvkvcwk cŭqvRb %Re mvti i e`envi ewx Kiv|

e'e-vcbv

- ▶ avtbi fivj dj b tctZ ntj BDwi qv mvi GKevti c0qM bv Kti mivK gvI vq mivK mgvq c0qM Ki tZ nte
- ▶ BDwi qv mvi mgvb wZb wKw tZ c0qM Kiv DvPZ | c0g wKw tPvivi vctYi 7-10 w b ci, w Zxq wKw tMvOvq 4-5w Kwk t Lv w t j Ges Zxq wKw tKvBpt vo Avit t t 5-7 w b AvtM w tZ nte |

5.4 BDwi qv mvi i KvhRvvi Zv evx Kivi Rb Kx Kiv DvPZ?

BDwi qv mvi gvu tZ qY vq Ges weifbuKvi tY AcPq ntq hvq | avbMvO mvari YZ c0qMKZ bvBtUtRb mvti i 30-40% Gi tenk MhY Ki tZ cvti bv | Dch3 cwi tek bv tctj AcPtqi cwi gvY Avt i v tetot thtZ cvti | ZvB wbgvbyvq mZKZvi mvt BDwi qv mvi c0qM Ki tZ nte |

e'e-vcbv

- ▶ BDwi qv mvi thtnZzvutZ qY vq, ZvB avbPvt BDwi qv mvi mgvb wZb wKw tZ mgvb fivM fivM Kti c0qM Ki tZ nte
- ▶ BDwi qv mvti i KvhRvvi Zv evx i j t q Dcwi c0qM Kti wbowb h3; ev DBWvi w t q AvMvOv cwi v mni mn gvui mvt fivj fivte wgvktq w tZ nte Ges ci ezvZ RvgtZ wOcvOtc cvnb ivL tZ nte
- ▶ BDwi qv Dcwi c0qv tMi mgq j q i vL tZ nte thb G mgq Rvgt i Kt bv wKsev L3 tenk cvnb bv v t K | RvgtZ AvZwi 3 cvnb vK t j mvi c0qM Kivi AvtM Zv tei Kti w tZ nte | ZvQvov cvZvq cvnb Rtg vKv Ae vq BDwi qv Dcwi c0qM Kiv DvPZ bq |

5.5 Kxfvte avb MvtQi bvBtUtRtbi m3 qzav i Kti Avak dj b cvl qv hvte?

u BDwi qv e'envti memgq MvtQi c0qvRb Avbyvq bvBtUtRb mieivn Kivq MvtQi tKvb m3 qzav v t K bv weavq dj t b tKvb KgvZ nq bv | ZvQvov u BDwi qv e'envti mvti i KvhRvvi Zv kZKiv 20-25 fivM evx cvq | dtj BDwi qv mvi Kg j v t M | Avevi u BDwi qv RvgtZ gvI GKevi B c0qM Ki tZ nq |



u BDwi qv c0qM

e'e-vcbv

- ▶ u BDwi qv mvi c0qv tMi Rb mvi ex fivte avtbi Pviv t v cY Ki tZ nte | mvi t t K mvi Ges tMvOv t t K tMvOvi t Z nte 20 tmwUvgUvi
- ▶ tvtiv t gsm t g Pviv t v cY i 15-20 w b Ges AvDk I Avgtb Pviv t v cY i 7-10 w t bi gta c0Z Pvi tMvOvi gvSLv t b 7-10 tmwUvgUvi Kv vi Mfxti u ctZ w tZ nte
- ▶ mvari YZ AvDk I Avgtb 1.8 M3 I R t bi GK u u Ges tvtiv tZ 2.7 M3 I R t bi GK u u e'envi Ki tZ nte
- ▶ u c0qv tMi ci RvgtZ me mgq c0qvRbxq 2-3 tmwUvgUvi cvnb at i vL tZ cvi t j fivj
- ▶ mgq Ges A v mvt q i Rb w e u BDwi qv c0qM h3; e'envi Kiv thtZ cvti |

5.6 Rj v ex Zvq BDwi qv mvi c0qv tMi weK i e'e- v Kx?

th mKj RvgtZ c0Z ermi Pviv j v mvt bi ci Rj v ex Zvi i ab BDwi qv mvi Dcwi c0qv tMi m e nq bv, Zv tZ Kvw yZ dj b cvl qv hvq bv | tm Rb bvBtUtRtbi Afive wgv t bvi Rb Dcwi c0qv tMi weK i e'e- v w tZ nte |

e'e-vcbv

- ▶ Rj v ex Zvi t q t u BDwi qv mvi c0qM Kiv B D E g | tm Rb mvi ex fivte Pviv t v cY Ki tZ nte
- ▶ mvi t t K mvi Ges tMvOv t t K tMvOvi t Z 20 tmw n t Z nte
- ▶ AvDk Ges Avgtb Pviv t v cY i 7-10 w t bi gta c0Z Pvi tMvOvi gvSLv t b 7-10 tmw Kv vi Mfxti u ctZ w tZ nte Ges tvtiv tZ t v cY i 15-20 w t bi gta u c0qM Ki tZ nte
- ▶ mvari YZ AvDk I Avgb avtbi Rb 1.8 M3 mvt R i GK u u Ges tvtiv avtbi Rb eo mvt R i (2.7 M3) GK u u e'envi Ki tZ nte |

5.12. RıgıtZ MÜtKi i Afıe Kxfıte eŞıv hıte Ges ZıfZ Kx Kiv` i Kvi?

MÜtKi Afıe nıj cÖtg Kıp cvZv nj ýnq Ges Avt`ÍAvt`Ícđıv MıQ nj ýntq hvq| BDwi qv mvi cÖqm Kivi ci l hıv avb MıQ nj t`_vřK Ges MvřQi ero-evıwZ Kg nq Zte eŞtZ nte RıgıtZ MÜtKi Afıe ntqtQ| mvari YZ th mKj RıgıtZ cvnb Rtg_vřK ev memgq wfRv_vřK tmB mKj RıgıtZ MÜtKi Afıe t`Lvıw` tZ cvři |



MÜtKi AfıeRıwZ j ýY

e`e`ıcbv

- ▶ MÜtKi Afıe t`Lvıw` tJ Zıv`ııubKfıte Rıgi cvnb mvi tıq w` tZ nte
- ▶ Gi ci veNv cÖZ 8.0 tKıR ııRcmıg mvi Dcwi cÖqm Ki tZ nte
- ▶ GK tgŞmıg ııRcmıg mvi cÖqm Ki tJ ci eZPdmtj mvari YZ Avı cÖqvRb nq bv
- ▶ th mKj RıgıtZ MÜtKi Afıteı ZıeZıv`ıı tqtQ tm mKj RıgıtZ cÖZevı avb Pıřl ııRcmıg mvi cÖqm Ki tZ nte|

5.13 avřbi RıgıtZ`_řli Afıteı j`ııY Kx Ges ZıfZ Kx Kiv` i Kvi?

hıv` avb MıQ gıřS gřa` Lvřlv ntq hvq ev eřm cřo Ges cıvZb cvZv gi tP cov ev`ııg t`_řK Kgj v`ı0 avı Y Kři Ges avřbi Kık Kg nq ZLb eŞtZ nte RıgıtZ`_řZıv`ıı Afıe NřUřQ|`_řZıv`ıı Afıe cKU nıj Kıp Prıv gıv hvq| mvari YZ th mKj RıgıtZ cvnb Rtg_vřK tmB mKj RıgıtZ`_řli Afıe t`Lvıw` tZ cvři |



`_řli AfıeRıwZ j ýY

e`e`ıcbv

- ▶ RıgıtZ`_řli Afıe t`Lvıw` tJ cÖtg Rıgıt`_řK cvnb mvi tıq w` tZ nte
- ▶ Gi ci veNv cÖZ 1.5 tKıR ııRsk mıj řdu Dcwi cÖqm Ki tZ nte
- ▶ Rıgıt gıřS gřa`ıı KřtZ nte
- ▶`_řli Afıteı m`ııebv_vKřj eıRZj vıg ııRsk mıj řdu cÖqm Kiv`ıı třtZ cvři
- ▶ A_er Prıv tıvřtYı cře`_řli mřııı`_řıY Prıvı ııKko 5-7 ııgıbu Wıęetq i vLřZ nte| Gi Rb` 20-40 Mıg ııRsk A_vBW cÖZ GK ııj Uvı cvnbřZ e`envı Ki tZ nte|

5.14 avb MvřQ tJ řřni AvıaK`RıwZ vıel ıııııııı j`ııY Kx Kx Ges Gi cÖZKıv Kxfıte Kiv hvq?

tJ řř Dcř_vřřbi AvıařK`ıı Rb` avb MvřQi ııbřPi cvZv A_řř cıvZb cvZvı AvMvı ııřK ev`ııg nıj t`_ev Kgj v`ıı eıv`ı0 avı Y Kři| vıel ıııııııı cKU nıj cvZv ev`ııg i ř0ı nıq ııbřPi cvZv gřı hvq| MvřQi ero-evıwZ l Kık Kg nq| vıel ıııııııı dřj MvřQi ııKko Kg, tgřlv l Mıv ev`ııg i0 Gi nq| A`ıııııı gıwřtZ (j vj gıwř) teık cwi gıřY tJ řř Dcř_vb_vKřj G vıel v³Zv nřZ cvři |



třřtZ cvnb

e`e`ıcbv

- ▶ RıgıtZ cvnb ařı i vLřZ nte|

5.15 BDwi qv mvi Kxfıte tPbv hvq?

evRıřı BDwi qv mřııı`ıı vıg Ab`vb` mřııı`ıı třřq Kg| eZřřřb tQvU mřıı`ıı vıvı Ges AřřřııKZ.eo AvıKıZıı aeate mřıı`ıı vıvı`ıı BDwi qv mvi evRıřı RıvZ nřřQ| mřııı`ıı e`vcK Pıwı`ıı KviřY t`_řki vıel vıbıe`ııřb cÖqB Avıvıęe`emvıřř`ıı KıvQ t`_řK třRıj mvi ııKřb Kl`řKıv cÖvııı Z nb| Zıv Avııj mřııı`ıı e`ııkó` m`_ııřK Rıvıv mKřj i GKvřřcÖqvRb|

c`xııZmgř

- ▶ Avııj BDwi qv mvi tKıv Ae`ııřZB cııUK AvıKıZıı nte bv
- ▶ BDwi qv mvi cvnbřZ Mřj hvq
- ▶ G mvi ııgkřřbv cvnbřZ Zj ııb cřo bv Ges cvřııU nıvZ ııřq`_ııřKıı tJ Vvřv Abıře nq
- ▶ Gi`_řıY nıj Kv tNıj vřU`ıı avı Y Křıı
- ▶ `ııKřřv BDwi qvı`_ııvıv nřřZ GK gřřv ııbřq ııKQřřY i vLıvı ci nřřZı Zıj řřZ Avıřřj v fıe AbıřZ nq|

5.16 ııUGmııı mvi Kxfıte tPbv hvq?

ııUGmııı mvi mvari YZ A`ııř`_ř Ges Svıřřřj v MÜhřř| GKgřřvıı ııUGmııı mvi bıřřKı KıřQ ııbřq křm MřııY Kı tJ Zıe`Svıřřřj v MÜ j vřřM| ııUGmııı mvi Lıg`_řk³, Zıv`_řř Avıřřřj i břLi gıřS řıřL Pıv ııřj mıřřR`_řřov nte bv| třRıj mvi GKBFıte Pıv ııřj`_řřov nıq hıře Ges`_řřov bıvıv`ıı ř0ı nřřZ cvři |

CxwZmgA

- ▶ GK PvgP uJGmic mvi Avav Mam cwbZ wgvktj `exfZ nTq cwi`vi `eY`Zwi Kti
- ▶ tFRvj uJGmic mvi cwbZ tNvj v `eY`Zwi Kti
- ▶ uJGmic mvi cwbZ Mj tZ GKUzngq j vM, Zte m=úYp#c Mtj hvq
- ▶ tFRvj uJGmic mvi m=úYp#c Mtj bv Ges Mtmi wbtP Zj wvb cto|

5.17 Ggl w mvi tPbvi Dcvq Kx?

evsj v`tk cPnj Z cUvk mvti i gta` Dttj u`thvM` nT`Q wgdwi tqU Ae cUvk ev Ggl w mvi | Ggl w mvti 50% cUvkqvg (K) we`gvb| `vbxqfite weifbocPqv qva`tg Ggl w mvi tFRvj nTq_vtK| Ggl w mvti i mvt_ miv`vugwv l tgvUv evvj j vj i O Kti wgvktq tFRvj Ggl w mvi `Zwi Kiv nTq_vtK| ZvQvov Ggl w mvti i mvt_ AvwK K KvPi Mjov wgvktq tFRvj mvi `Zwi Kiv nq | KLtbv KLtbv mvgvb` cwi gvY Ggl w mvti i mvt_ Lvevi j eY wgvktq j vj i O Kti tFRvj Ggl w mvi %Zwi Kti evRvi RvZ Kiv nq|

CxwZmgA

- ▶ Ggl w mvti i i O mvari YZ nij Kv ev Mvp j vj tP nTq_vtK| G mvi tQvU t`tK gvSwi cUwK AvKwZi nTq_vtK| Ggl w mvti i SvSvtj vMU ev `r` tbB
- ▶ Avav Pv PvgP Avmj Ggl w mvi Avav Mam cwbZ wgvktj m=úY`exfZ nTq cwi`vi `eY`Zwi Kti
- ▶ mvti i mvt_ wKQyA`eYq e`thgb- evvj , KvPi Mjov, wgv miv`v cv_i, BtUi Mjov BZ`w` tgvktj Zv Zj wvb AvKvPi Mtmi wbtP Rgv nq
- ▶ mvti i mvt_ j vj ev Ab`tkv i O wgvktj cwb i O tmB Ablyqx nte Ges i O tftm DVte, GQvov nvtZI i O j vM
- ▶ mWk Ggl w mvti i i O KLtbv nvtZ j vM bv
- ▶ elKvtj Ggl w mvi tLv j Ae`vq ti tL w`tj evZim t`tK Av`Zv tkvY Kti wftR DVte Ges wgvstq mvti i bgyvq Av`Zvi cwi gvY ev`v crite|

6. u BDwi qv mspvšl



u BDwi qv (eo 2.7 Mlg)



u BDwi qv (gvSvi x 1.8 Mlg)



htšj gra`tg u BDwi qv cQvM

6.1 AWD cQvMKZ tmP RvgtZ u BDwi qv cQvM Kiv hvte wK?

AWD GKwU cwb mivkQx cxwZ hvZ memgq `wvfbv cwb i vLv nq bv| Aci w`tk u BDwi qv cQvMKZ.RvgtZ cwb aTi i vLtz nq|

e`e`vcbv

- ▶ u cQvMKZ.RvgtZ AWD cxwZtZ tmP cQvM Kiv hvte| Zte Rvg memgq wFRv Ae`vq i vLtz nte Ges j`q i vLtz nte thb i wktq tdtU bv hvq|

6.2 tetj gvuUtz u BDwi qv cQvM Kiv hvte Kx?

u BDwi qv cQvMKZ.RvgtZ memgq wQcivQc cwb aTi i vLtz nq| AšZct`q Rvg i wktq bv dvUv u BDwi qv cQvM ceRZ`q Aci w`tk tetj , tetj t`vAvk ev nij Kv gvUvi ebtUi RvgtZ `vN`ngq cwb aTi i vLv hvq bv| ZvQvov tenk cwb cQvM Kiv tetj u i bvBtUtRb Pvgtq wbtPi `ti Ptj hvq| Avevi gvU tdtU tMtj bvBtUtRb M`vm wntmte evZvtm Ptj hvte| ZvB tetj gvuUtz u BDwi qv cQvM Kiv DvPZ bq|

e`e`vcbv

- ▶ tetj gvuUtz Kw`yZ dj b tctZ ntj BDwi qv mvi AšZ 4 evti cQvM Kiv tetj nte| thgb 1/4 fvm tkI Pti i mgq, 1/4 fvm Pvi v`ivctYi 15-20 w`b ci, 1/4 fvm 35-40 w`b ci (RvtZi RxebKvtj i Dci wfiE Kti) Ges Aemkó 1/4 fvm dZ Avmvi mgq Dcwi cQvM Kiv tetj nte
- ▶ mvi mgfvte wQvfbvi ci nvZ ev wbowb hšj`v`tg gvUvi mvt_ fvj fvte wgvktq w`tz nte|

6.3 Avg#b tRvqvi -fvUvj eYv³ I Aj eYv³ Gj vKvq , uJBDwi qv c#qM Kiv h#e Kx?

Avg#b tRvqvi -fvUvj Gj vKvq mgqgZ BDwi qv Dcwi c#qM Kiv hvq bv weavq Mv#Qi evo-evomZ K#g dj b K#g hvq| ZvB GgZve`vq `vbr`vi BDwi qv mvti i weK# mvi e`envi Kiv DvPZ|

e`e`vcbv

- ▶ `wYvA#j i tRvqvi -fvUvj eYv³ Ges Aj eYv³ Gj vKvq , uJBDwi qv e`envi Kiv DEg
- ▶ tivctYi 7-10 w`b ci , uJBDwi qv RvgtZ GKevi B c#qM Ki #Z nte
- ▶ , uJ #K memgq Mv#Qi c#qvRb Abjvqx bvB#U#R#bi mi ei vn `vKvq Mv#Qi tKvb m# #lav `vK bv weavq dj b evto|

7. wj d Kvj vi PvU^q(Gj wmw) mspvš



wj d Kvj vi PvU^q(Gj wmw)



e`envi c#vZ



Gj wmw gvb 3.0

7.1 Gj wmw gvb w`#bi tKvb mgq wba# Y Kiv DvPZ?

Gj wmw e`envi i gva`g mwK mg#q mwK cwi gvY bvB#U#R#bi mvi c#qvM K#i G mvti i Kvh#wi Zv evov#bv hvq| Gj wmw mskU gvt#i Dci wfv#E K#i bvB#U#R#bi c#qvRbxqZv wby# Kiv nq| K#P cvZvi gvt#i Ask Gj wmw Dc#i ti#L cvZvi i#0i mvt_ Gj wmw i 0 m#fvte wj vtZ nq| Zv br ntj Gj wmw gvb f#j ntZ c#i |

Ki Yxq

- ▶ Gj wmw mwK gvb wby#qi Rb` w`#bi A#Kv#sk Ges tPvL SvS#j v c#Li tiv#`i mgq cwi nvi Ki #Z nte hv#Z m#h# Av#j v c#Zdvj Z ntq gvtc Zvi Zg`bv NUvq
- ▶ ki#ti i Ovqv gvc w#Z nte hv#Z m#h# Av#j v mi wmw cvZv wKsev Gj wmw Dci br cto
- ▶ mvavi YZ mKvj 9-11Uv Ges weKvj 2-4Uvi g#a` Gj wmw gvb #bqv mte#Eg|

8. av#bi AvMvQv mspvš



av#bi wevfb#ckvi AvMvQv



DBwi w`#q `gb



AvMvQv#kK c#qvM

8.1 avb t#j#Z AvMvQv I Gi `gb e`e`v Kx?

AvMvQv avb Mv#Qi mvt_ mvt_ ev# cvq I avb Mv#Qi mvt_ Av#j v, evZvm cwb I Lv#`vcr`v#bi Rb` c#Z#hwmZvq wj # nq| avb- AvMvQvi c#Z#hwmZvi dtj tivcr Avgb av#bi dj b kZKiv 20-30 f#M, tevbr AvDk av#bi 30-99 f#M, tivcr AvDk av#bi 23-72 f#M Ges tev#i v av#bi dj b c#q 30-40 f#M K#g th#Z c#i | avb AvMvQvi c#Z#hwmZvi m#v#Kvtj i (Critical time) c#i AvMvQv `gb Ki #j av#bi dj b evto br eis avb Drcv`b LiP teto hvq| GgZve`vq f#j v dj b tctZ ntj av#bi Rvgi AvMvQv mwK mg#q `gb Ki #Z nte| f#j v dj #bi Rb` GK#U#w` # mgq ch#Rv#g Aek`B AvMvQv# i vL#Z nte|

9.2 ev`wig MvQdmos (BPH) `g#bi Dcvqmg#Kx?

ev`wig MvQdmos-Gi cY@q® tcvKv I ev`Pr avb MvQI tMvovq e#m i m i #l Lvq| dtj MvQ c#p hvl qvi gZ i o avi Y K#i g#i hvq, G#K ncv i evY@tj | Avenvl qv tcvKvi Ab#tj _vKtj `P# Ges Av#k#bi gvSv-gmS (gvP@Ges tm#P#t#i i tkl mBv#n) ncv i evY@ Lv# #Z c#i | tKvb #Kvb Gj vKvq G#U Kv#i>U tcvKv bvtgI cwi #PZ |

e`e`vcbv

- ▶ tev#v tg#m#g gv#Ni (tde#qwi i c#_g mBv#n) Ges Avgb tg#m#g k#et#Yi gvSv#g#S (AvM#oi c#_g mBv#n) t_#K ubqvgZ MvQI tMvov ch#e#Y Ki ab
- ▶ Av#j vK d#t# i m#v#h# tcvKvi Dcv`wZ m#v# K#i `gb e`e`v#bb
- ▶ Av#ugY c#Y Gj vKvq av#bi P#v 20x20 ev 25x15 tm#UvgUvi `#Z#i vCY Ki ab
- ▶ tcvKv t`Lv gv# Rvg t_#K c#b m#i #q i #K#q t#j #y
- ▶ wZb m#i ci ci `#m#i i MvQ t#tj w #q Av#j v-evZim c#e#ki e`e`v Ki ab
- ▶ kZK i v 50 f#M Mv#Q 2-4 w Mf#Z#ev 10-15 w ev`Pr tcvKv t`Lv# #j K#U#v#K e`envi Ki ab | K#U#v#K Aek`B Mv#QI tMvovq c#q#M Ki #Z n#e |



Av#v#l avb MvQ

9.3 me# cvZvdmos (GLH) K#f#te `gb Ki v hvq?

me# cvZvdmos av#bi cvZvi i m i #l Lvq| dtj MvQI e#x K#q hvq Ges MvQ Lv#Uv n#q hvq | G tcvKv U#t#v f#v#i v m ti vM Q#o#q me#P#q te#k #wZ K#i |

e`e`vcbv

- ▶ Av#j vK d#t# i m#v#h# tcvKv `gb Ki ab
- ▶ n#ZR#t# i c#Z U#b h#` G#U me# cvZvdmos cvl qv hvq Ges
- ▶ Av#kcv#k U#t#v ti vM#v#l avb MvQ _#K, Z#v#t# e#RZ#vq ev Rvg#Z Dch# K#U#v#K e`envi Ki ab |



me# cvZvdmos

10. B#j m#v#l



gv#vi K#t# v eo B#j



B#j i ev`Pr



tM#Q B#j

10.1 B#j i Av#ugY t_#K gv#vi avb K#f#te i #v Ki v hvq?

B#j avb MvQI K#k #Z i Pr (45° tKvb) K#i tK#U t`q | m#v#i YZ Nb A#Kvi v`Qb#v#bi Rvg#Z B#j i Av#ugY te#k nq | Gi v el#K#t# m#Z#i tK#U R#j Avgb av#bi MvQ tK#U ev#v ev#vq | avb cvK#t# av#bi Qov tK#U g#m#i w#t#P m#j# K#i Rgv K#i i v#L |

Dcvqmg#

- ▶ Rvg i Av#j #PKb (15-20 tm#g) i vL#Z n#e
- ▶ avb tiv#t#i mgq I tiv#t#i 45-50 w #bi g#a# av#bi Rvg I Avkcv#ki Gj vKvi B#j `g#bi e`e`v#b#Z n#e
- ▶ th mg`ld#t# B#j av#v#v#i ci I R#e#l _#K, Ggb d#v e`envi K#i B#j `gb Ki ab
- ▶ B#j `g#bi Rb` Z#v#v#k #p#q#v#j w#l #U#v, thgb Mg w#g#k#Z w#R#K d#m#v#W A_#v w#j #p#q#v#j w#l #U#v thgb j`w#b#i U, Kv#i U w #q B#j `gb Ki ab
- ▶ B#j i bZ# M#Z#el v# A`v#j w#b#q#v#j d#m#v#W e#v thgb A`t#j v#m ev K#K#d#m w #q M#Z#P g#y f#j K#i e#U K#i w #j B#j gv#v hvq | G Rb` bZ# M#Z#M`v#m e#v w #q Avkcv#ki mK#j M#Z#P ev b#j vi g#y g#m#U w #q e#U K#i w #Z n#e | M`v#m e#v m#v#v#Z#i m#t#_ e`envi Ki #Z n#e



B#j #v#i #Z i Pr K#Z.K#U#v

11. KxUbrkK mspuvšī



KxUbrkK cōqvM

11.1 mivK gvīvq KxUbrkK e`envti i cōqvRbxqZv tKb?

ibveo Pvl vev` i Kvi tY tcvKvgtōi cī vīe I AvμgY teōB P t j tQ | G chšlevs j v` tk avtbi 266u qmZKvi K tcvKv mbr³ Kiv ntqtQ | Zv` i gta` 30u avtbi tenk qmZ Kti | cōvb qmZKvi K tcvKvi AvμgY tevīv, AvDk I Avgb t gsmtg h_vμtg kZKiv cōq 13, 24 I 18 fiv dj b bō bq | ZvB mivK KxUbrkK, mivK gvīvq, mivK mg t q cōqvM Kti tcvKv` gb Kiv AZ v š R i ai |

e`e`vcbr

- ▶ mivK KxUbrkK, mivK gvīvq cōqvM bv Ki t j j v` fi t p t q qmZ i cwi gvY teō hvq | d t j tcvKvi tetP_vKvi qgZv teō hvq Ges Gt` i msL`v e v x t c t q AvμgY i ZxeZv evto
- ▶ Ac i c t q, Avak gvīvq KxUbrkK e`envti MrtQ mel μqv n t Z cvti | Bnvi j qY b v b r v t e c k v k c v q, t h g b MrtQ i e v o - e v o u Z K t g h v q, c v Z v c t o h v q G g b u k M v Q g t i I t h t Z c v t i | A Z G e, m i v K g v i v q, m i v K K x U b r k K, m i v K m g t q e`envti i gva`tg tcvKv` gb Kti dmj i qv Ki t Z n t e |

11.2 t q t Z tcvKv t` Lv gvGB KxUbrkK cōqvM Kiv hvte Kx?

Rug t Z avtbi qmZi gvīv mvari YZ tcvKvi cōvM, tcvKvi msL`v, Dc`žz Gj vKvi mvgmK cwi tek, Dc`žz t q t Z i e v Z v i Av t k c v t k i A e`v, avtbi RvZ, avb MrtQ i eqm, DcKvix ci t f v R x I c i R x e x t c v K v g t o i m s L`v B Z`v i D c i u b f P K t i | D c t i v³ m e l q, t j v m e t e P b r q G t b Z t e B K x U b r k K c o q v t M i m x v s i b t Z n t e |

e`e`vcbr

- ▶ tcvKvi AvμgY i gvGv Avl`R qmZi ōvi cōš t c s ō v i c t e B i a y K x U b r k K c o q v M K i t Z n t e
- ▶ Zv b v n t j K x U b r k K c o q v t M j v` f i t p t q q m Z i c w i g v Y t e o h v t e |

11.3 KxUbrkK e`envi b v Kti Kx f v t e t c v K v g v K o` g b K i v h v q ?

e v s j v` t k G c h š l 266 u t c v K v a v t b i q m Z K t i _ v t K | G i g t a` c o q 30 u t c v K v a v t b i t e n k q m Z K t i | t c v K v i m s L`v, a v b M r t Q i R x e b` l i I A v e n v l q v t f t` c o Z u t c v K v i g v i v Z K q m Z K i v i q g Z v i t q t Q | q m Z i c w i g v Y t e o t M t j P v l i v A c v i K v i Z f v t e K x U b r k K c o q v M K t i _ v t K | G t Z j v` f i t p t q q m Z i c w i g v Y t e o h v q | m e r f b a c i x q v u b i x q v t` L v t M t Q m g u b Z e v j v B e`e`vcbr Pvl vev` i cōg t` t k g v b v n t j t K v b K x U b r k K e`envti i cōqvRb n q b v | Z t e A v μ g Y i g v i v h v` K L t b v u b q s t Y i e v B t i P t j h v q i a g v i Z L b B m i v K K x U b r k K, m i v K g v i v q, m i v K f i t e G e s m i v K m g t q c o q v M K i t Z n t e |

mgubZ evj vB e`e`vcbr i Dcv`vbmga

- ▶ mnbkxj Rv t Z i Pvl Kti
- ▶ m e a v b 27 c i g v i t c v K v i A v μ g Y i c o Z g a` g m n b k x j | m e A v i 11 G e s m e A v i 22 g v R i v t c v K v i A v μ g Y m n b k x j | G m e R v t Z i P v l K t i c o u g K f v t e G m e t c v K v i A v μ g Y c o Z n Z K i v h v q
- ▶ A v a n b K P v l v e v` c x i z A b y i Y K t i
 - t q t Z c v Z v g u o, P v t z t c v K v i e v` v i g M v O d m o s G i A v μ g Y t` L v t M t j t q Z t` t k` žz c m b i u k t q 3-4 u` b c i A v e v i t m P u` t Z n t e
 - e v` v i g M v O d m o s I c i g v i t c v K v i A v μ g Y t` L v t M t j B D v i q v m v i D c v i c o q v M e U i v L t Z n t e
 - Q v Z i v t c v K v i, g v R i v t c v K v i B Z`v t c v K v i A v μ g Y t` L v t M t j n v Z u` t q Z t j a y s k K t i A v μ g Y K g v t b v h v q
 - Z v o i v m o c v t k G g b A v M v g R v t Z i P v l K t i t c v K v i A v μ g Y c v i n v i K i v h v q
 - m v i I m i v K` i t Z i t v c Y K t i t c v K v i A v μ g Y K g v t b v h v q
 - t q t Z c m b u` t q t j` v t c v K v i` g b K i v h v q
 - t q Z A v M v Q v g y` K t i t c v K v i A v μ g Y K g v t b v h v q |

- ▶ *hwsK`gb e`vcbv*
 - Avtj vK du e`envi Kti
 - nvZ Rvtj i mrvth`tcvKvati gvi v
 - Wvj cvj v cZ cml emvi e`v Kti
 - avtbi cvZvi AvMv tKtU cvgvi tcvKvi wVg I ev`Pv bó Kti |
- ▶ DcKvi x tcvKvKo I cYx msi Y Kti
AZGe, Dctiv³ c x wZtZ avb Pvl Kti KxUvK e`envi br Kti B avtbi YwZKi tcvKvKo `gb Kiv hvq |



nvZ Rivj

11.4 i Ktbr RivtZ `vbr`vi KxUvK cQvM Kiv hvq br tKb?

`vbr`vi KxUvK RivtZ cQvM Kiv mnR | Gi Rb`thgb tKvb hšcwZi `i Kvi nq br, tZgb cQvRb nq br ceAwfÁZvi | `vbrvi KxUvK mrvvi YZ immtUugK Rivxq nel | ZvB RivtZ cQvMi ci cmbi mrvth`wkKtoi gra`tg MvO Zv MhY Kti mKj A½cZt½ tctQ t`q | ZvB `vbr`vi KxUvK tKti tYt RivtZ wQcwtc cmbi vLv ht_ó , i zcy[®]

e`vcbv

- ▶ `vbr`vi KxUvK e`envi i tYt RivtZ 2-4 tmug cmb 5-7 w`b ati i vLtz nte
- ▶ cmb Qvov `vbr`vi KxUvK tKti mUq Dcv`vb MtQi MhY DcthvMx nq br Ges wkKo Zv MhY Kti wvfbwA½cZt½ tctQ w`tZ cvti br
- ▶ AZGe, i Ktbr RivtZ `vbr`vi KxUvK cQvM Kiv DvPZ bq |

11.5 avtbi dzj tdivU Ae`vq (Flowering stage) KxUvK cQvM Kiv hvte Kx?

fij Avenl qvq mKij 9Uv t`tK`gy 1Uv chSÁAwK mSL`K avtbi dzj tdivU Ges ci vMiqY m`ubantq`vK | G Ae`vq nel v³ KxUvK dzj i Mtqj vMtj avb wPv ntaq hvq Ges wPv cwi gvY AwZwi³ teto hvI qvi m`ebv`vK |

Ki Yxq

- ▶ dzj tdivU Ae`vq KxUvK cQvM Kiv hvte br
- ▶ wtkl cQvRtb wKvj tej vq KxUvK cQvM Kiv tZ cvti Kvi YZLb dzj tdivU eU`vK |



avtbi dzj tdivU Ae`v

11.6 KxUvK e`envi KxKx mZKZv Aej`b Kiv`i Kvi?

me KxUvK KB gvi vZK nel | cQvRtbi AwZwi³ KxUvK cQvM nec` tWtK AvbZ cvti | KxUvK e`envi i AvtM Zvi mVvK bvg I cQvM mwa m`utK tevZj ev c`vKtUi Mtqj Lv fij fite t`tL wbtZ nte | wQc ev c`vKtU tLv v ev tgq`DÉxY[®] tKvb KxUvK cQvM Kiv hvte br | KxUvK cQvMi mgq mZKZv Aej`b Kiv cQvRb |

mZKZvmgr

- ▶ Lwj Mtq ev Lwj tctU KxUvK cQvM Kiv DvPZ bq | wtktmi mvt`I KxUvK tctUi wfZi tZ cvti
- ▶ KxUvK thb Mtqi ZK ev tPtl brj vM | KxUvK Mtqj vMtj mvt`mvt` tenk cmb w`tq aqj tdj tZ nte
- ▶ evZim thw`K t`tK eBtQ tmw`tK wVw`tq tYtZ KxUvK cQvM Kiti wQvtrv KxUvK Mtqj vMte br
- ▶ KxUvK cQvMi hšU cKz, b`x ev Lvj -wtej taSZ Kiv DvPZ bq | GtZ cmb`w`Z ntaq gvtQi YwZ ntaq cvti | G Rb`cKz ev Ab`vb`Drm t`tK cmb Ztj Gtb wv` RvqMiq aqZ nte |

11.7 KxUvK Avmvsle`w³ i KxKiv DvPZ?

KxUvK tKti cKv tft`i Dci YwZi cwi gvY wvF[®] Kti | GgbwK tKvb tKvb tYtG ti vMx gvi vL tZ cvti | ZvB mvearbZv Aej`b Kiv AvZe Ri ai |

Ki Yxq

- ▶ KxUvK tKti nel wq Avmvsntj hZ ZvovZv m`e wPvKrmKti ki YvcbantZ nte, wPvKrmKti KvQ tbi qvi cte[®] Avmvsle`w³ tK axi w`i fite m`uY wktgve`vq i vLb
- ▶ KxUvK tKti w`Z KvcotPvco Ljy tdj Y Ges Avmvsle`w³ tK wXj Xvj v tcvl vK AveZ Ki ab | ti vMx GKcvtk KvZ Kti i Btaq i vLb | VvUvq Kvc t`Lv w`tj Kxf w`tq Kixi Rvtaq w`b
- ▶ KxUvK wMtj tdj tj ti vMxK ewg Kiv tPvri tPvri Ki ab | AAvb Ae`vq ewg Kiv tPvri tPvri Kiteb br |

th KxUvK tKti vMx Avmvsntq[®] tm tevZj Ges tevZj i tjtj wPvKrmKt t`LvZ nte | Kvi Y tKvb ai tbi KxUvK tKti nel wq ntaq[®] Zv Rivv wPvKrmKti Rb`AZ`všRi ai |

12.4. evKmb tiv#Mi j ¶Y Ges`gb e`e`v Kx?

evKmb QÎvKRmbZ tivM| AvµvšKk `bz teto Ab` MvQi Zjvq j ¶ I vij Kvj tK ntq hvq Ges nvj Kv meR i#oi nq| MvQi tmvov w` tK cmbi Dcti i wMUr` tK wKko tei nq| KLbl KLbl AvµvšMvQi tmvov c#P hvq| ax#i ax#i Avµvš MvQg#i hvq|

côZKvi

- ▶ tivMµvšKk Z#j tdj ly
- ▶ G tivM exRevnZ| ZvB exR tkvab Ki#Z cvi tj fij nq| GRb` Kvte#mRg M#ci th tKvb QÎvKbvkK#i wZb M#G GK vij Uvi cmb#Z wgvk#q GK tKwR exR mvi v#Z wfvR#q ivL#j exR tkvab ntq hv#e
- ▶ ZvQvov GKB cvi gvY QGvKbvkK w` #q mvi v#Z Pvi v tkvab K#i I fij dj cvl qv hvq|

12.5 exRevnZ QÎvK tivM t` tK Kxfv#e dmj i ¶v Kiv hvq?

exR tkvat#i gva` #g dmj tK exRevnZ QÎvK tivM t` tK i ¶v Kiv hvq| avb P#I i wZb tgšm#gB exR tkvab Kiv D#PZ| Z#e evQvBKZ exR` wMg# I cvi c#nt#j m#avi YZ tkvab bv Ki#j I P#j |

côZKvi

- ▶ evQvBKZ exR Kivco evP#Ui e`v#M f#i wXj v K#i teta wbb
- ▶ c#Z tKwR ex#Ri Rb` GK vij Uvi cmb#Z wZb M#G e`wfv#-b/#bvBb/BfvRg/Uc#mj c#m/ #nWwRg/mvbdv#BU G, #j vi th tKvb GKwU wgvk#q wbb
- ▶ ex#Ri tcvUj wU/ #j 12 N#Uv wgvk#Z cmb#Z wfvR#bvi ci c#j vq cvi #vi cmb#Z fij fv#e a#q wbb
- ▶ ex#Ri tcvUj wU cmb t` tK Z#j BU ev Kv#Vi Dci N#UvLv#bK ti #L cmb Siv#Z n#e|

12.6 Ustiv tiv#Mi j ¶Y I c#ZKv#i i Dcvq Kx?

Ustiv GKwU fvBivmRmbZ tivM| GwU meR cvZvdwos #viv m#µw#Z nq| Pvi v Ae`nv t` tK d#j tdivv ch#mgt#i g#a` G tivM t` Lv w` #Z cv#i | KwP cvZvq wKiv eivei j #lj w` ch#qµ#g nvj Kv meR I nvj Kv nj #` ti Lv t` Lv #` q| c#i mg`l cvZvi Dci w` K Kgv v i#oi nq Ges AvµvšcvZv GKUy#to hvq| MvQi evo-evowZ I Kk K#q hvq| dtj AvµvšMvQ m#y` MvQi Zjvq Lv#Uv nq| AvµvšMvQi wKko `e# ntq hvq Ges Uvb w` #j mn#RB D#V Av#m|

côZKvi

- ▶ Av#j vK d# e`envi K#i #iv#Mi evnK meR cvZvdwos tg#i tdj ly
- ▶ tiv#Mi c# w#K Ae`vq tivMµvšMvQ Z#j gvw#Z c#Z tdj ly
- ▶ meR cvZvdwos` g#b wba#i Z KxUbvkK c#q#M Ki#b {c#Z w#Nvq 133 wgvj g`vj w#_qb (57 Zij), tdiv#Uw#_qb (50 Zij), dRv#j vb (35 Zij) ev 150 wgvj WvB#q#_v#qU (40 Zij), di#gv#_qb (25 Zij) A_ev 226 M#G Kvi ewi j (85 cvDwvi)}|

13.4 m^ui-K t^mP K^x Ges K^x fⁱte t^q hv^q?

ep^o ubf^p avb P^rtl m^guqK fⁱte ep^oi Afⁱte Liv t^l Lv^u t^j t^mP c^oq^m Kⁱv^tK m^acⁱ-K t^mP et^j | erm^ti i ep^oi e^vcK Z^v l el^fbi t^gu^l mg^tqi D^ci Lⁱvi c^fve A^tbK^vst^k ubf^pK^j | Z^vB t^Kv^b t^Kv^b ermi Av^gtb i ag^vl GK^u m^acⁱ-K t^mPi g^va^tg 60% ev Z^vi t^ewk dj b ev^ot^bv m^ae |

e^e-l^cbv

- ▶ m^acⁱ-K t^mP ub^KU^m fⁱxⁱ A^ev AM^fxⁱ b^j K^z t^z t^q t^hz^z c^vtⁱ
- ▶ Z^vQ^vov ub^KU^m b^x, Lⁱj -^uej, c^kz ev t^wvev t^zK Av^qv^tk GK^u ev ^oU t^mP t^q hv^q | K^vi Y Z^Lb c^mbi t^Kv^b Afⁱve ^ut^K b^v
- ▶ Z^te Gi R^b ce^coⁱ Z^vY^zi c^oq^vR^b | t^hg^b- t^mP h^tš^j e^e-^v, b^vj^v, A^wl^r Ges g^vb^um^k c^oz^u BZ^uw^r
- ▶ m^acⁱ-K t^mPi m^sL^v l c^oq^vt^mi m^gq^uba^f t^yi R^b ep^oc^vt^zi Aeⁿv l Lⁱvi c^oz^u t^ek^l b^Ri i^vL^tz^u n^te |

13.5 t^mPK f^vj | K^x Ges t^Kb Gi e^{en}vi Kⁱv n^q?

t^mPK f^vj | GK c^kvi h^šj^v AM^fxⁱ b^j K^zci c^mb^tK c^vu^u ch^šl^atⁱ i^vL^vi R^b e^{en}vi Kⁱv n^q | ev^sj v^t t^k t^mPKZ. R^ugi kZKⁱv 60 f^vM AM^fxⁱ b^j K^zci g^va^tg t^mP c^uv^b Kⁱv n^tq ^ut^K | c^oz^uvi G^mK^j AM^fxⁱ b^j K^c P^vj y^Kivi m^gq c^mb P^vcK^tj i g^va^tg g^uUⁱ ub^p t^zK c^vB^c w^r t^q c^vu^u ch^šl^az^j Av^tz^z n^q hv c^oB^ugs b^rt^g c^ui w^pZ | Z^vB c^oz^uvi AM^fxⁱ b^j K^c P^vj y^Kivi m^gq c^vu^u P^vj K c^oB^ugs m^gm^uvi m^aš^uxb n^tq ^ut^Kb Ges GR^b K^gc^t t^q t^oR^tbi k^vi x^ui K^ui k^gmⁿ 15-20 u^gu^bU m^gq Ac^pq n^q |

e^e-l^cbv

- ▶ g^vU ch^šq G^mK^j m^gm^uvi m^gv^av^bK^tr ev^sj v^t k avb M^tel Y^v B^bw^u ÷ u^lDU t^mPK f^vj | D^mveb K^ti t^o
- ▶ G^uU AM^fxⁱ b^j K^zci c^vu^u Ges m^vK^kb c^vB^tci m^št^hu^m t^zj j^vM^tq w^r t^j c^oB^ugs m^gm^uvi m^gv^av^bmⁿ c^vu^u P^vj K c^vu^u P^vj y^Kivi w^eo^ab^v t^zK i t^qv c^vq |



14. Liv m^šu^ši



Liv mⁿb^kxj R^vZ w^ea^vb56



Liv c^ui n^vi K^vi x R^vZ w^ea^vb57

14.1 Av^gb t^gš^mt^g Liv m^un^oy R^vZ t^Kv^b t^j v Ges Z^vt^u i %^wk^o K^x?

Av^gb avb m^vavi YZ ep^o ubf^p d^mj | ep^oi Afⁱte Av^gb d^mj Lⁱvq Av^ušⁱn^tj g^uo^tg^q w^kQ^yR^ug^tZ g^vl m^ui-K t^mP t^q hv^q n^tq ^ut^K | Z^vB c^oq ermi B Av^gt^bi dj b Lⁱvq e^vcK t^qz^m n^tq ^ut^K | ev^sj v^t k avb M^tel Y^v B^bw^u ÷ u^lDU 2011 m^vt^j t^oU Lⁱv mⁿb^kxj R^vZ D^mveb K^ti t^o | Av^gt^b R^vZ t^oU P^vl ver^u K^ti A^tbK^vst^k Lⁱv c^oz^utⁱva K^ti f^vj dj b c^vl hv^q |

R^vzⁱ %^wk^o

- ▶ w^ea^vb56 Lⁱv mⁿb^kxj R^vZ | c^rB^b ch^šq 10-12 w^r b ep^o b^v n^tj l dj t^bi t^zg^b t^Kv^b t^qz^u n^q b^v | R^vZ^uU R^xeb^Kv^j 105-110 w^r b Ges 16.5-18.0 gY/w^eN^v dj b w^r t^z m^qg | Z^te R^vZ^uU Lⁱv K^ev^j Zⁿt^j 13.0 gY/w^eN^v dj b w^r t^z c^vtⁱ | Lⁱvi m^gq f^mf^o c^mbi t^li fe^o t^zK 70-80 t^mu^g ub^tp ^ut^Kt^j Ges g^uUⁱ Av^zv 14% Gi ub^tp n^tj l G R^vZ^uU w^eN^v c^oz^u 11.0 gY dj b w^r t^z m^qg |
- ▶ w^ea^vb57 ga^g g^vl^vi Lⁱv c^ui n^vi K^vi x (Drought escaping) R^vZ | c^rB^b ch^šq GK^uv^bv 8-10 w^r b ep^o b^v n^tj l Gi dj t^bi t^zg^b t^Kv^b t^qz^u n^q b^v | G R^vzⁱ R^xeb^Kv^j 100-105 w^r b Ges c^oz^u w^eN^vq 16.5-18.0 gY dj b w^r t^z ^ut^K |

15. eb'v mspvšl



~f RxebKvj RvZ we'avb28



~f RxebKvj RvZ we'avb45

15.1 tēvtiv tḡsmḡg nvl o Gj vKvq AvKw-ŠK eb'v t_ŠK Kx Kti i ųv cvl qv hvq?

nvl o Gj vKvq cvKv ev Avav cvKv avb AvKw-ŠK eb'vq Zuj tḡ hvq | mivavi YZ ^ekvL gvḡmi ZZxq mBvn t_ŠK G eb'v ev Xj i i æ nq | ZvB cvKv avb i ųvi cḡqvRbxq e'e vrbtZ nte |

e'e vcbv

- ▶ Rvigi Ae nvb I Xj Avmvi mgq etš Dchḡ mř tḡqvw RvZ Pvl Ki tZ nte, thgb-we'avb28, we'avb45
- ▶ mivK mgḡq exRZj vq exR ecb Kti 35-40 w ḡbi Pvi vti vcY Ki tZ nte
- ▶ mgqgZ BDwi qv mvi Dcwi cḡqvM I Ab'vb cwi PhPtKl Ki tZ nte
- ▶ t wi bv Kti kZKiv 80 fvm avb cvKvi mř_ mř_ avb tKtU tdj tZ nte |

15.2 Avgḡb AvKw-ŠK eb'v cēY Gj vKvq tKvb tKvb RvZ Pvl Kiv DvPZ?

t_Ški wevfbaGj vKvq AvKw-ŠK eb'v cēY AAḡtj thLvḡb ti vcv Avgb tḡsmḡg 14-16 w ḡbi eb'vq Rj gMm I qvi mēvebv vřK, tmLvḡb we'avb51 Ges we'avb52 Pvl Kti mřšl RbK dj b tctZ cvti b |



Rj gMmnbkxj RvZ we'avb51

RvřZi %eikó

- ▶ we'avb51 Ges we'avb52 Gi exRZj v 2 mBvn Rj gMv vKtj I Pvi vḡti bv
- ▶ Pvi vti vcḡYi GK mBvn ci 14-16 w b cvb tZ Wje vKtj I Pvi v ųvZM nq bv
- ▶ eb'vḡḡ cwi tētk RvZ ųvi RxebKvj 140-145 w b Ges 14 w ḡbi AvKw-ŠK eb'v Kevj Z ntj RxebKvj 155-160 w b
- ▶ Dchḡ cwi PhPtctj AvKw-ŠK eb'vq 14-16 w b Wje vKtj I 15-17 gY/weNv dj b w tZ mųg
- ▶ eb'vi cvb mti hv l qvi 7 w b ci cvb t uKti MřQi cvZv atq cwi ųvi Kti w tZ nte
- ▶ eb'vi 7-10 w b ci Rvigi AvMvQv ḡḡ Kti BDwi qv Dcwi cḡqvM Ges 3 tKwR Ggl w c mvi cḡZ weNvq cḡqvM Ki tZ nte |

15.3 Avgḡb eb'v ci eZřtKvb RvZvU Pvl Kti AwaK dj b cvl qv hvte?

evsj vř tḡk cḡq ermi B eb'vq Avgb avḡbi e'vcK ųvZ nḡq vřK | Avgb avḡbi cḡq 22% Rvigi eb'v cēY Gj vKvi Avl Zvf³ | G mKj Gj vKvq Kl tKiv mivavi YZ bwe RvZ thgb- bvrvi kvBj Pvl Kti | Gřřřųų weAvi 22, weAvi 23 I we'avb46 Pvl Kti bvrvi kvBtj i tḡtḡ weNv cḡZ 4.0-5.5 gY AwaK dj b tctZ cvti b |



bwe RvZ weAvi 22

e'e vcbv

- ▶ bwei tųřřųų 40-50 w ḡbi Pvi v f'v ḡḡmi i i æ t_ŠK tkl chšl (15 tmřBḡj) ti vcY Kiv hvte
- ▶ bwe ti vcḡYi tųřřųų 5-7 w Kti Pvi vti vcY Ki tZ nte
- ▶ bwe tZ ti vcY i tZi 20x15 tmřg n l qv DvPZ
- ▶ Zte f'v ḡḡmi cti Avi tKvb avb ti vcY Kiv DvPZ bq |



bwe RvZ weAvi 23

15.4 Avgb tgšmšg avtbi Priv eb'vq ¶wZMŠ'ntj weKÍ KxKiv hvq?

eb'vq ¶wZMŠ'n Gj vKvq Pwml iv tgšmšgi tkl chšq bZšy Kti Priv ^Zwi KižZ cvti br weavq ¶wZMŠ'n RwgžZ cbivq Priv ti vCY Kiv mæe nq br/ eb'vgš Gj vKvi avtbi Rvigi gj tMvQv t_žK 2/3w Kwk tftž½ Avj v`v KižZ dj žb žZgb tKvb ¶wZ nq br/ Kwk tftž½ j vMvšbv RwgžZ dj b weNv cšZ 13-15 gY cvl qv hvq/ Zte avb cvKžZ mvavi YZ 3-12 w` b tenk mgq j vžM/

e'e`ivcbv

- ▶ th mKj Rwg eb'vq ¶wZMŠ'nqvb Ggb Rwg nžZ 30-40 w` b eqšmi avtbi ,wQž_žK 2-3w Kwk tftž½ Avj v`v KižZ nte
- ▶ bZšy RwgžZ cšZ tMvQvq 2-3w Kwk wbašš Z` ižZ;ti vCY KižZ nte
- ▶ Rvigi DešZv Ges avtbi RvžZi Kwk MRvšbvi ¶gZvi Dci wšwE Kti GKK Gj vKvi fvžv Kwk w` žq 4-8 ,Y bZšy Rwg j vMvšbv hvq
- ▶ mvi cšqvM, AvMvQv`gb, cvmb e'e`ivcbv I Ab'vb` cwi PhšmšfšweK fivte j vMvšbv Privi gZB KižZ nte/

15.5 fvmgvb exRZj v Kx Ges tKb Kiv nq?

eb'vi cvmbžZ Wšje hvl qvi Kvi žY exRZj v Kivi gZ DšyRwg cvl qv br tMžj A_ ev cvmb žbtg hvl qvi ci Priv ^Zwi i Rb` hž_ó mgq cvl qv br tMžj fvmgvb exRZj v ^Zwi Kiv thžZ cvti /



fvmgvb exRZj v ^Zwi



fvmgvb exRZj v

%Zwi i c×wZ

- ▶ cšžg eb'vi cvmb, cšžž, tWvev ev Lvžj i Dci evtki PivvBžqj gvPrev Kj vMvšQi tftj v ^Zwi KižZ nte
- ▶ Zvi Dci 2-3 tšwšwšwšvi cšžKv`vi `li w` žq Kv`vgq exRZj v ^Zwi KižZ nte
- ▶ Gi ci mšfšweK wšqžg Askwš Z exR H exRZj vq tđj žZ nte
- ▶ exRZj v hvžZ tftm br hvq tšRb` Lwš i mšž_ teta i vLžZ nte
- ▶ cvmbžZ fvmgvb _vKvi Kvi žY Gižc exRZj vq mvavi YZ cvmb tšžPi ` i Kvi nq br/

16. j eYv³ Zv mspuvšl



16Ari23



16avb40



16avb41



16avb53

16.1 j eYv³ Zv avtbi Kx 11Z Kti Ges Gi c1ZKviti i Dcvq Kx?

tenk j eYv³ Zvi Rb^o avb MvtQi Dcti i cvZv A₁ bZj cvZv m^o vtU weY^ontq gPto hvq Ges cvjZb cvZv nj y t₁tk ev` wq i O avi Y Kti | MvtQi evo-eionZ Amgib, MvQ LvUv, Kkk Kg nq, wkl m^o v n^oq hvq Ges Qov fiv fite tei nq bv, `vbr tQvU nq I wPUv n^oq hvq Ges wKko gvi v hvq | j eYv³ Zv RvbZ mgm^o v Avgvt^o i t₁tk Dckj-eZPA^oAtj tev^o i v tgsm^og tenk Ges Avgb tgsm^og I wKozw^o j w1Z nq |

e^o vcbv

- ▶ avb Pvl i mgq RvgtZ me mgq wKozw^o b ati i vL^oz nte
- ▶ ev^o ev wgv^o v cvbi m^o v^oth^o tmP^o w^o z nte
- ▶ wKoz^o b cici Rvgti cvb cvi eZ^o Kti w^o z nte
- ▶ j eY c1Z^o i va 11gZv^o ub^o avtbi RvZ thgb- tev^o i v tgsm^og 16avb47, Avgb tgsm^og 16Ari23, 16avb40, 16avb41, 16avb53 I 16avb54 Pvl Ki z nte
- ▶ wNv c1Z 300-400 tKw^o RvB c1q^o M Ki v DEg |

16.2 tev^o i vtZ j eYv³ AA^oAtj i RvZ tKvb^oU?

avb m^o vavi YZ j eYv³ Zv mste^o kxj dmj | G Kvi tY j eYv³ Gj vKvq w^o tkl Kti tev^o i v tgsm^og Ddkx avb Pvl ver^o e^o vnz nq | tev^o i v tgsm^og avb MvtQi c^o j v Rvbkvj j eYv³ Zvi Avl Zvq cto |



j eY mnbkxj RvZ 16avb47

RvtZi w^o k^o

- ▶ 16avb47 Gi c^o j v Rvbkvj ga^o g gv^o i vi (6 wGm/wgUvi) j eY mnbkxj
- ▶ RvZ^o i Rvbkvj 152 w^o b Ges j eYv³ cvi t^o tk wNv c1Z dj b 22 gY
- ▶ AZGe j eYv³ Gj vKvq 16avb47 Pvl Kti tenk dj b cvl qv hvte |

16.3 Avgtb j eYv³ AA^oAtj i RvZ tKvb^o tj v Ges G^o t^o i w^o k^o Kx?

evs^o vt^o tki Dckj xq AA^oAtj c1q 8.5 j vL tn^o i RvgtZ w^o v fba^o gv^o i vq j eYv³ Zv i tqtQ | j eYv³ Zvi Rb^o avtbi Pvl w^o vnz nq | Pvi v l cRbb ch^o q 16avb40, 16avb41, 16avb53 I 16avb54 AšZ 8-10 wGm/wgUvi A₁ ga^o g gv^o i vq j eYv³ Zv mn^o Ki z cvti | AZGe Gme AA^oAtj j eYmnbkxj avtbi RvZ Pvl Kti v n^o vbxq RvtZi Pvb^o tZ AšZ w^o Y dj b cvl qv m^o e |

RvtZi w^o k^o

- ▶ 16Ari23, 16avb40, 16avb41, 16avb53 I 16avb54 gv^o v^o i wPyAA^oAtj i ti vcv Avgb tgsm^og Pvl ver^o Dct^o i w^o i j eY mnbkxj
- ▶ Dch^o cvi Ph^o q Gme RvtZi dj b 17-20 gY/wNv cvl qv hvq |

16.4 j eYv³ Gj vKvq j eYh³ cmb tmP in³tmte e³envi Kiv hvte Kx?

evsj vt³ tki DcKj-xq AA³tj c³q 8.5 j q³ tn³i Rwg weifb³ogv³i vi j eYv³ Zv Keij Z | avb m³vavi YZ j eYv³ Zv mste³ b³kxj dmj | Gme AA³tj i f³Mf³ Ges b³xi cmb weifb³ogv³i vq j eYv³ Zv _vtK | G Kvi tY j eYv³ Gj vKvq we³tkl Kti tev³iv tg³sm³g Ddkx avb Pvl vev³ e³vnZ nq |

e³e³-vcbv

- ▶ hir³ tm³tPi cmbi j eYv³ Zv 3 WGM/ugUvi ev Zvi Kg nq Zvntj f³Mf³ ev b³xi cmb e³envi Kti thLv³tb g³uUi j eYv³ Zv 5-6 WGM/ugUvi Av³tQ tmLv³tb mn³tRB we³avb 47 Pvl Kiv hvte
- ▶ Zte 3 WGM/ugUvi Gi tP³tq tek gv³i vi j eYv³ Zv h³ cmb KLbl tm³tPi Rb³ e³envi Kiv hvte bv | GtZ g³uUi j eYv³ Zv Av³tive³ x cv³te |

16.5 WPsioi tN³i avb Pvl Kiv hvte Kx?

DcKj-xq AA³tj avbx Rwg tK WPsioi tN³i cwi YZ Kiv nq _vtK | Zte tev³iv tg³sm³g tN³i gv³Q Pvl nq bv weav³q c³uZZ _vtK | Zv Qvov WKO³ Rwg bvbv Kvi tY tN³i i em³nti P³tj Av³mtQ WkŠ³ j eYv³ Zvi Rb³ avb Pvl Kiv hvq bv |

e³e³-vcbv

- ▶ hir³ tm³tPi cmbi j eYv³ Zv 1 WGM/ugUvi Gi gta³ _vtK Zvntj tm³tPi cmb (f³Mf³ A³ ev b³xi cmb) e³envi Kti WPsioi tN³i thLv³tb g³uUi j eYv³ Zv 10-12 WGM/ugUvi nq tmLv³tb we³avb 47 Pvl Kiv hvq
- ▶ Zte c³uZ mB³vt³n t³q³ tZi cte³ cmb w³b³ vkb Ki tZ nte Ges bZ³ly cmb w³ t³q tmP w³ tZ nte |



WPsioi tNi

17. KxZ mspuvšl



KxZ mspuvšl avb MvQ

17.1 tev³iv tg³sm³g c³PD KxZ t³ tK Kxfv³te Pvi v i q³iv Kiv hvq?

exRZj v cwi Ph³ gva³ t³g c³PD KxZ t³ tK Pvi v i q³iv Kiv hvq | Kx³ tZi Rb³ Pvi v i evo-evov³ e³vnZ nq | Ggbw³ c³PD Kx³ tZ Pvi v gti l th³ tZ cv³ti | GgZve³ vq exRZj vi cwi Ph³ AZ³ vek³ K |

e³e³-vcbv

- ▶ c³PD Kx³ tZi i vt³ Z exRZj v cwi w³ b w³ t³q tX³ tK i vL³ t³ Vv³ Dv RwbZ q³ WZ t³ tK Pvi v i q³iv cvq
- ▶ Zxe³ Kx³ tZ exRZj vq³ vav³ t³ b³ v cmb i vL³ t³ Pvi v mt³ ZR³ _vtK Ges Kg q³ WZM³ nq
- ▶ Pvi v nj t³ n³q tM³ t³ c³uZ eM³ gUvt³ i 7 M³ g ev c³uZ kZv³ t³ k 280 M³ g Kti BD³ vi qv mvi Dcwi c³u³ qvM Ki tZ nte |

17.2 tev³iv vt³ Z Vv³ Dv min³ o³ RvZ tK vbiU?

Av³ Wzi³ Vv³ Dv c³ uY Gj vKvq Kx³ tZ Mv³ tQ i evo-evov³ e³vnZ nq Ggb w³ K Pvi v gti hvq | Gme t³ q³ tG Vv³ Dv min³ o³ RvZ thgb-we³ avb 36 Pvl vev³ Kiv DvPZ |

Rv³ tZi³ e³ wko³

- ▶ we³ avb 36 GK³ u Av³ Mv³ g Ges Vv³ Dv min³ o³ RvZ
- ▶ Av³ wK Vv³ Dv q GR³ v³ tZi Pvi v mn³ tR gti bv |



Vv³ Dv min³ o³ RvZ we³ avb 36

18. avtbi wPUv mspuvšl

18.1 tetiv tgsmtg avb tewk wPUv nq tkb?

mvavi YZ avtb kZKiv 15-20 fivM wPUv ntZ cvti | wPUvi cwi gvY Gi tPtq tewk ntj eStZ nte t_vo t_tK dz tdivUv Ae_vq dmj tKvb bv tKvb cAZKj Zvi wkKvi ntqtQ | thgb- Amnbxq Mig, Liv, So, ti vM l tcvKvkvKtoi AvpugY BZ'w | avb t_vo t_tK dz tdivUv Ae_vq tKvb cAZKj Ae_nvi wkKvi ntj gvGwZwi³ wPUv ntq hvq | KvBP t_vo t_tK t_vo Ae_vq ivtZi ZvcgvI v 12-13 wvM³ tmj wmqvm ev Gi bxtP Ges w tbi ZvcgvI v 28-29 wvM³ tmj wmqvm ev Gi bxtP nq Zvntj avb wPUv nI qvi Rb'`vqx | GgZve_vq 5-6 w b%kZ'` cEvn Pj tZ_vKtj avtbi AwZwi³ wPUv nI qvi Avk'v_vtK | ZvQvov Livi Kvi tY wk tI kvLv evx e'vnZ nq Ges weKZ. l eUv avtbi Rb' t`qvq wPUvi msL'v teto hvq |

e'e'vcbv

- ▶ dz tdivUvi mgq ZvcgvI v 35⁰ (wvM³) tmj wmqvm ev Zvi Dcti 1-2 NsUv weivR Ki t j avtb gvI wZwi³ wPUv ntq hvq
- ▶ cPÐ Stov evZvM MvQ t_tK cvnb cOm; b cUqvq tewi tq hvq, Avevi Stov evZvM ci vMvqY, Mf'avi Y l Prtj i evx e'vnZ Kti, dtj avtbi i o Ltqwi ev Kv t j v ntq wPUv ntq hvq
- ▶ tetiv avb AMhvqtYi i i tZ exR ecb Kti 40-45 w tbi Pviiv tvcY Ki t j avtbi t_vo Ges dz tdivUvi mgq Amnbxq D'P ZvcgvI vq co t e bv weavq wPUv t_tK i qv cv t e |

18.2 Avgb tgsmtg avb wPUv nI qvi cavb Kvi Y Kx?

Avgb tgsmtg Livi Kvi tY wk tI kvLv evx e'vnZ nq Ges weKZ. l eUv avtbi Rb' t`qvq wPUvi msL'v teto hvq |

e'e'vcbv

- ▶ tivr Avgb avb kletYi i i tZ exR ecb Kti Dch' eqtmi Pviiv tvcY Ki t j avtbi t_vo Ges dz tdivUv Amnbxq wbgvZvcgvI vq co t e bv weavq wPUv Kg nte
- ▶ m' Avtj vK-mste`bkxj RvZ Ges Avtj vK-Amste`bkxj RvZ tKvbmtgB 31 fiv' i cti tivrY Kiv DvPZ bq | Pvl ve t` Gme wbgq cij tbi gva' tg avtbi wPUv Kgv t b v m e |



avtbi wPUv

19. avbMvQ tntj cov mspuvšl



tntj cov avbtjZ



tntj cov avbtjZ

19.1 avbMvQ tntj cto tkb Ges Gi cAZKv i i Dcvq Kx?

avb MvQ mteP P Kvk Ae_v t_tK cvKv Ae_vq Stov nvl qv ev Ab'vb' Kvi tY tntj co t Z cvti | t_vo Ae_vq MvQ cto tMj wkl evni ntZ cvti bv, Avi evni ntj l dz tdivUv Ges ci vMvqY wevNz nq weavq AwZwi³ wPUv ntq hvq | `g Ae_vq, `vbn k³ nI qv Ae_vq ev cvKv ch'q cto tMj l dj tbi ht_ó qvZ nq | cvKv avb tntj cvntZ cto tMj extRi , Yv, Y bó ntq hvq |

cAZKvi

- ▶ mvavi YZ avb MvtQi w tPi w tKi Avšce® (internode) t j v Lv tUv Ges Dcti i w tKi t j v j v ntq v tK | hv' tKvb RvtZi w tPi w tKi Avšce® Kg c'v Ges j v nq Zvntj mn t RB MvQ evZvM tntj cto | G Kvi tY we' avb 32 Gi tntj covi cEYzv tewk | Aci w tK weAvi 11 l Ab'vb' RvtZi D³ mgn'v bv_vKvq MvQ tntj cto bv
- ▶ tntj cov cAZti var RvZ Pvl Ki tZ nte
- ▶ m' y g mvi mWK gvI vq mWK mg t q c'q v M Ki tZ nte |



tntj cov RvZ we' avb 32

20. k'vl j v mspuvs'i

20.1 tev'tiv avb t'q'z k'vl j v Kxfv'te q'wz K'ti Ges Gi c'ozKv'i i e'e'v Kx?

k'vl j v bv'tU'tRb mvi M't'Y c'oz'th'w'z K'ti av'tbi P'ivi evo-evow'z K'igt'q t`q| Av'ug'Y te'wk nt'j h_v'ng'tq `gb e'e'v b'v'nt'j K'wk d'v'K'v'tm nt'q d'j b K'tg hv'q|

c'ozKv'i

- ▶ k'vl j v nl qvi m'v'ebv_v'K'tj e'v'mvj bv'tU'tRb b'v'w' t'q t'iv'c't'Yi 10 w' b'ci D'c'wi c'oz'q'w'K'i t'z n'te
- ▶ P'ivi w'k'ko M'R'v't'v' ch's'K'g D'P'Z'v'q (w'Q'c'u'Q't'c) c'w'b i'v'L't'z n'te
- ▶ te'wk Av'p'u's'i R'ig't'z 150-250 M'ig Z't'z (K'c'vi m'j t'd'U) ev'ij i m'v't' w'g'w'k't'q c'oz' w'e'N'v'q w'Q'u'U't'q w' t'z n'te
- ▶ A'w'D c'x'w'z't'z t'm'P w' t'j k'vl j v nl qvi m'v'ebv K'tg hv'q|



k'vl j v Av'p'u's'i t'z

21. fv'z mspuvs'i

21.1 w'e'Avi 26 Gi fv'z bi'g nt'q hv'q t'K'b Ges Gi c'ozKv'i Kxfv'te K'iv hv'q?

w'e'Avi 26 t'iv'c'v Av'D't'ki R'v'z| G'w'U tev'tiv t'g's'm't'g Av'M'v'g R'v'z w'm'v't'e'l P'v'l K'iv hv'q| Gi P'v'j m'v`v, j' s'f, w'P'K'b Ges fv'z bi'g l' w'K'Q'w' Av'w't'j v| Gi K'vi Y w'e'Avi 26-G G'v'g'v'B't'j v't'Ri c'w'i g'v'Y 23%| th'm'e R'v'z G'v'g'v'B't'j v'R 25-30% t'm_ t'j v'v' fv'z k³ Ges S'i S't'i n'q| G'v'g'v'B't'j v't'Ri c'w'i g'v'Y 20-25% nt'j fv'z bi'g Ges w'K'Q'w' Av'w't'j v n'q| h'w` G'v'g'v'B't'j v't'Ri c'w'i g'v'Y L'y'B' K'g (2-10%) n'q Z't'e fv'z te'wk Av'w't'j v nt'q hv'q, t'h'g'b w'e'i'a'B'b (8.0% G'v'g'v'B't'j v'R)| Z'v'B' w'e'i'a'B't'bi fv'z f'v't'c i'v'b'e'K'i t'z n'q|



w'e'Avi 26

c'ozKv'i

- ▶ w'e'Avi 26 Gi av'b ev' P'v'j w'K'Q'w' b (2-3 g'v'm) N't'i i'v'L'vi c'i i'v'b'e'K'i t'j fv'z S'i S't'i n'q Ges Av'w't'j v f'v'e_v't'K' b'v
- ▶ c'w'b t'd'v'U't'v'v'v' c'i Z'v't'z P'v'D'j t'Q't'o w' t'q i'v'b'e'K'i t'j D³ m'g'm'v' n'q b'v|

22.2 fv't'Zi g'v't'o K'x c'w'i g'v'Y c'w'p_v't'K Ges Z'v Kxfv'te i q'v'v' K'iv hv'q?

c'w'p'm's'z fv'z i'v'b'v'i c'x'w'z m'v'v't'K Av'b b'v_v'K'v'q t`t'k c'oz'e'Q'i w'e'c'j c'w'i g'v'Y L'v't`'i Ac'P'q nt'Q| i'ay'fv't'Zi g'v't'o i m'v't_ 10-15% c'w'p' P't'j hv'q| g'v'o b'v' t'd't'j fv'z i'v'b'e'K'i t'j G'B' Ac'P'q t'iva K'iv hv'q| G't'z K'ti e'Q'ti 40-50 j q'U'b m'g'c'w'i g'v'Y P'v't'j i Ac'P'q t'iva K'iv m'v'e|

c'ozKv'i

- ▶ e'w'U ev'em'v fv'z A_ w' fv't'Zi g'v'o b'v' t'd't'j i'v'b'v'i m'g'q c'w'b i'w'K't'q t'd't'j G'B' Ac'P'q t'iva K'iv hv'q|



fv'z l' g'v'o

22. Avgb Pvl msμvšl



ve² avb33



ve² avb39



ve² avb56



ve² avb57

22.1 Avgtb mivieR dj b Kxfvte epx Kiv hvq?

ti vcv Avgb gj-Z epx b fP dmj | Avenl qvi cwi eZPbi dtj mvi v t`tk epx cvt Zi cwi gvY Ges Gi i i a l tk t l i gta` nei v U cv_R` cwi j w q Z n t` Q | h_v mg t q epx cv Z b v n l qv Ges t m P m j e a v i e` g v b _ v K v m t E j l m g q g Z e` e n v i b v K i v i d t j m i v K m g t q m i v K e q t m i P r i v t i v c Y K i v m e e n q b v | d j k a z t z c i e z r c h i t q A_ P K v B P t _ v o t _ t k ` v b v c y n l q v c h S l i v i c f v t e d j b ` v i a y f v t e q i w z m` n q |

cōZKvi

- ▶ h_vh_ e` e` v M h t Y i g v a` t g i e` g v b t m P e` e` v m P j t i t L t i v c v A v g b t g s m t g m g q g Z t i v c Y I c o q v R t b d m t j i c i e z r c h i t q m a u i K t m P c o v t b i g v a` t g t` t k a v t b i D r c v` b e p x K i v m e e |

22.2 i ve dmtj i ve Nbv NuUtg Kxfvte Avgb Pvl Kiv hvq?

Dchp` f R x e b K v t j i R v Z P v l K t i A v g b d m j K v i z P k i g v S i g v i S t k t u m g q g Z i v e d m j t h g b - W j j , t z j , M g A v e v` K i v h v q | Z v t Z D³ d m j m g t n i d j t b i t z g b t K v b A m j e a v n q b v |

cōZKvi

GB me t q i t i ve² avb33, ve² avb39, ve² avb56 I ve² avb57 Pvl Ki ab |

23. avtbi dj b msμvšl

23.1 avtbi dj b Kg n l qvi Kvi YmgR Kx Ges G, tj vi cōZKvti i e` e` v Kx?

ve w f b a K v i t y a v t b i K v i y z d j b A R B K i v m e e n q b v | Z v i g t a` a v b D r c v` b c x i z i m i v K e` e` v c b v i A f v e , t i v M e v j v B I c o K v z K i e c h q c a v b | Z v B m g e` e` v c b v i g v a` t g a v t b i d j b A t b K v t k e v o v t b v m e e |

cōZKvi

- ▶ t g s m g I A A j t f t` m i v K R v z i b e P b t t g s m g I c w i t e k D c t h v M x a v t b i R v Z G e s a v b D r c v` b e p x i R b` d m j , g v i U , c v i b , m v i B Z` w i` w e l q K K j v t K S k j m i v K f v t e c o q v M K i t z n t e
- ▶ a v b M v t Q i e v o - e v o w z m i v K c h i t q i v L v t w e w f b e L v t` v c v` v t b i N v U v z e v A v i a K` Z v i R b` a v b M v t Q i e p x t z w e i a c c o Z v i l q v m j o n q | K v i y z d j b t c t z n t j m y g g v t v q m i v K m v i c o q v M K i t z n t e
- ▶ m g q g Z m v i D c w i c o q v M t K a k M R v t b v i c o g I g v S i g v i S c h i t q G e s K v B P t _ v o A v m v i m g q M v Q t e i k c w i g v t Y b v B t U t R b m v i M h Y K t i _ v t K , Z v B m g q g Z D c w i c o q v M K i t z n t e
- ▶ m i v K m g t q P r i v t i v c Y t m g t q i A v t M e v c t i a v b P v l K i t j t g s m g t f t` a v t b i d j b w e N v c o z 4 - 8 g y K t g t h t z c v t i , m z i v s A v i a K d j b t c t z n t j m i v K m g t q a v b t i v c Y K i t z n t e
- ▶ m i v K ` i t z j P r i v t i v c Y t P r i v t i v c t Y i ` i t z j e` e a v t b i R b` a v t b i d j t b i c v _ R` n t q _ v t K , t h g b - a v t b i R v Z , P r i v t i v c t Y i m g q , P r i v i e q m G e s g v i U i D e P Z v i Z v i Z t g` i R b` P r i v t i v c t Y i ` y z j K g t e i k K i t z n q | m i v K ` i t z j P r i v t i v c Y K i v n t j t e i k c w i g v t Y K a k I Q o v c v l q v h v q w e a v q d j b e v t o | t i v c t Y i R b` m v i t _ t k m v i i 20 - 25 t m i v U n g U v i G e s _ u Q t _ t k _ u Q i 15 - 20 t m i v U n g U v i ` i - z j w` t z n t e
- ▶ m i v K M f x i P r i v t i v c Y t g v i U i 2 - 3 t m i v U n g U v i M f x i Z v q P r i v t i v c Y K i v D E g | m i v K M f x i Z v q P r i v t i v c Y K i t j P r i v i e v o - e v o w z ` a z` i i a e n q G e s K a k i m s L` v e v t o h v q w e a v q d j b l e v t o
- ▶ R i g t z c w i w g z t m t P i c v i b i v L v t R i g t z A v z w i³ ` v o i t b v c v i b _ v K t j K a k i m s L` v K t g h v q | R i g t z 4 - 10 t m i v c v i b i v L t j d j b e v t o G e s A v M v Q v` g t b m v n v h` K t i
- ▶ e v j v B e` e` v c b v t m i v K m g t q m i v K e` e` v c b v i g v a` t g t i v M I t c v K v` g b K t i K v i y z d j b c v l q v m e e |

24. avb KvUv mspvšl



avb KZB

24.1 avb KvUvi Dchŷ mgg KLb?

RwgtZ avb tctK tMtj KvUtZ tgvUB wej ¼Kiv DvPZ bq | AwaK cvKv Ae`lq dmj KvUtj AþK avb Sþi cto, wkl tf½ hvq Ges cvLi | Bũþi i AvµgY ntZ cvti | GtZ dj b Ktg hvq | ZvB cvKvi ci t`wi bv Kþi h_vmgþq avb KvUv DvPZ |



80 fvm cvKv avb

cŷZKvi

- › wkl i AMFvM t_þK avb cvKv i iæng | ZvB Rwgtþi temki fvm wkl i AMFvMi kZKiv 80 fvm avþbi Pij k³ ntj Ges wþPi Aþk kZKiv 20 fvm avþbi Pij AvswkK k³ | m'Q ntj B avb wKgtZv tctKtQ etj aþi wþZ nte Ges t`wi bv Kþi avb þKtU tdj þZ nte |

25. avb exR mspvšl



fij exR



Lvi vc exR

25.1 exR avb Drcv`þbi mnR Dcvq Kx?

fij exR fij dj b | AwaK dj b tctZ ntj fij exRi cŷqvRb | , YMZ exR bv ntj Kwv`yZ dj b Avkv Ki v hvq bv |

e`e`vcbv

- › th Rwgi avb fij ntqtQ, ti vM | tcvKvKtoi AvµgY nqwb Ges AvMvQvgŷ tm me Rwgi avb exR wmwte i vLvi wmvšwþZ nte
- › avb KvUvi AvþMB weRvZxq (Off type) MvQ þKtU tdj þZ nte | thme MwtQi AvKvi AvKwZ, wkl i aib, avþbi AvKvi - AvKwZ, i 0 | i 0 Ges avb cvKvi mgg Rwgi AwaKvsk MvQ t_þK GKUyAvj v`v tm , wj B weRvZxq MvQ
- › mKj ti vMvšl MvQ Acmv i Y Ki þZ nte
- › Gi ci dmj KZB Ges Avj v`v fiþe gvovB, SvovB Kþi fij fiþe ti v`v i wKtq msi ¶Y Ki þZ nte |



exR avþbi wbaþi Z`vb

25.2 ev`j v w`þb Kx fivte exR avb i Kvþbv hvq?

evþi w`þb exR avb gvovB Ki v | i Kvþbv KóKi | GgZve`lq exR avb cvj v w`þq ti þL w`þj exRi , YMZ gvþ bó ntq hvq | ZvB mvqvqK fivte exR wKQþv i Kvþbvi e`e`v Ki þZ nte |

e`e`vcbv

- › wkl tKtU tQvU tQvU Avwþ Kþi Nþi i wFZi Sþj tq i KvþZ nte | cþi ti v`v fij Kþi i wKtq wþZ nte
- › ev`j v w`þb exR wþqvþi i Kvþbv DvPZ
- › Nþi `e`yZK d`vþbi evZvþmi mvvþh`l exR i Kvþbv thþZ cvti |

25.3 avb KivUvi mvt_ mvt_ H avb exR inmvte cieZr dmtj i Rb e'envi Kiv hvte Kx?

tKib tKib avtbi RivZ cYRreimbk³ (Viability) vKv mtEj| Askzi v Mg tbi Abkj cwi tek tctj exR Askzi Z nq bv| extRi G %aik o tK mBZv ev Ngsi Ae v etj | extRi mBZv tK 4 fvtM fVM Kiv nq, thgb `xNggqv` x, ga`g tgqv` x, `g I mBZvenxb exR| cOkuzK fite extRi mBZv 2-12 mBvtni gta` tK tU hvq| mBZv bv KivUv ev fvzv chSlexR avb MRvte bv| D t j L, Ddkx RivZ mgr-ga`g ev `g mBZv m=ubraGes vbxq AvDk RivZ, t j v mBZvenxb ej v P t j |

e'e vcbv

- ▶ i K t b v avb GKvat i 4-5 w b Kov ti vt` (50 mWm³ t mU t M W Zvcgv i vq) i K t j AwaKisk extRi mBZv t f t 1/2 hvq| Zte `xNggqv` x mBZv fvz t Z 7-10 w b f i j K t i i K v t Z nte
- ▶ i v m v q b K Dcvtq 0.1% bv B u K G i m W ` e t Y 24 N b U v w f i R t q t i t L extRi mBZv fvz t b v hvq
- ▶ v b x q AvDk avtbi RivZ, t j v KivUvi ci ci B exR inmvte e'envi Kiv hvq th t n Z R v Z, t j v mBZvenxb
- ▶ extRi mBZv bv fvzv chS l t m avb exR inmvte e'envi Kiv hvte bv|

25.4 ev j v w t b w K fite extRi Askzi v Mg tiva Kiv hvq?

m v a v i Y Z ` g j ev mBZvenxb RivZ, t j v AwaK mgq a t i e p i c m b t c t j c v K v avb g v t v ev D v i t b c i j v Ae v q M u R t q hvq| Z L b G m K j avb exR inmvte e'envi Kiv hvq bv G g b u K avtbi, Y v, Y I b o n t q hvq|

e'e vcbv

- ▶ avb t c t K t M t j A v i t ` m i b v K t i e p i A v t M B t K t U m v t _ m v t _ g v o i B - S v o i B K t i t i v t ` i w K t q u b t Z nte
- ▶ ev j v w t b exR avb W t q v t i i K v t b v i e e v K i t Z nte
- ▶ ev j v w t b c v K v avb g v t v w f t R t M t j t ` m i b v K t i g v o i B - S v o i B K t i ev Z v t m ev d v t b i ev Z v t m m v g i q K u K O d v i K v t b v i e e v K i t Z nte Ges c t i t i v t ` f v j K t i i K v t Z nte|

25.5 t g u k t b g v o i B K i t j exR avtbi q i u z nq Kx?

exR avb m u K m g t q g v o i B I S v o i B K i v G K u U, i a z c Y q v R | M i a i g j b w t q, M v t Q i, u o ev W t g u c u U t q avb g v o i B K i v n q, h v k v i x i i K f i t e K o ` v q K G e s m g q t e m k j v t M A v i G t Z avtbi q i u z i c w i g v Y I t e m k | Z v B A v o i B e m o ev c v t q g v o i t b v i K _ v e j v n t q v t K | u K S ` e x R D r c v ` b d i g e v e o P w i c t q G B c h v p A b y i Y K i v m = e b q |

e'e vcbv

- ▶ Gme t q t i w e a k m g v o i B h s i (I t c b W t g t m v i I t K w R W t g t m v i) exR avb g v o i B G i R b ` D c t h u M x | Z t e t K i v A e v t Z B t g u k t b i A v i u c G g (R P M) 7 0 0 G i t e m k t ` q v h v t e b v | G f v t e g v o i B K i t j exR avtbi t K i v q i u z nte b v |



exR avb g v o i B

25.6 exR avb msi q t y i c x u z m g r Kx?

exR msi q t y i D c i extRi, Y M Z g v b A t b K v s t k u b f p k y j | Z v B A v ` k e x R m s i q t y i K j v t K s k j t g t b extRi, Y M Z g v b e R v q i v L t Z nte|

c x u z m g r

- ▶ avb g v o i B K i v i c i t i v t ` 5 - 6 w b f i j f i t e i w K t q u b t Z nte t h b extRi A v ` Z v k Z K i v 12 f v t M i u b t P _ v t K
- ▶ v z w t q exR K v U t j h w K U K t i k a n q Z v n t j e s t Z nte exR u K g Z i w K t q t Q
- ▶ c g avb ev Q v B K i t Z K j v w t q K g c t q ` e v i t S t o u b t Z nte



w e i f b o c x u z t z e i R a v b m s i y Y

- ▶ evqʃi vax cvʃĪ exR i vLv DɪPZ | exR i vLvi Rb` Wʃg, we` ɔ ev tKʃi v mʃbi uUb e`envi Kiv fij
- ▶ gɪmʃi gUKv ev Kʃ ĩm exR i vLʃj Zvi Mʃtq` ʃevi Avj KvZivi cʃj c w` ʃq` i uKʃq evqʃi vax Kʃi uʃZ nʃe
- ▶ Av` ʒvʃi vaK tgvUv cʃj u` ʃb l exR msi ʃʃY Kiv thʃZ cvʃi
- ▶ ti vʃ` i Kvʃbv exR VvUv Kʃi cvʃĪ fiʃZ nʃe
- ▶ cʃj v cvʃĪ u exR w` ʃq` fʃi i vLʃZ nʃe | hɪ` exʃR cvʃĪ bv fʃi Zʃe exʃRi Dci KvMR uewʃtq Zvi Dci` i Kʃbv enʃj w` ʃq` cvʃĪ cʃi cʃʃKʃiʃZ nʃe
- ▶ cvʃĪ i gʃy fij fiʃe eÜ KiʃZ nʃe thb evZim XʃʃZ bv cʃi
- ▶ Ggb RvqMvq exR i vLʃZ nʃe thb cvʃĪ i Zj v gɪmʃi ms` úʃk ʃv Avʃm
- ▶ cʃZ gY avʃb 120 Mʃg uʃg, uʃuʃk` v ev v ek KvUvʃj i cvʃZi , tʃv uʃuʃkʃq tMʃj v RvZ Kiʃj tcvKvi AvʃgY nq bv |

25.7 exR avʃbi AsKʃi v` Mg ʃʃgZv 80% ev Zvi tɛk nʃZ nʃe tKb ?

Dchʃ cʃi tɛk exʃRi ʃʃ t_ʃK th cʃʃqvRbxq Ask AsKʃi Z I ewʃ nʃq GKU u` ʃʃvneK Pivi mʃi BsuMZ t` q ZvʃK AsKʃi v` Mg etj Ges exʃRi AsKʃi Z n l qvi ʃʃgZvʃK exʃRi AsKʃi v` Mg ʃʃgZv etj | fij exʃRi Rb` AsKʃi v` Mg ʃʃgZv 80% ev Zvi tɛk nʃZ nʃe |

e`e`vcbv

- ▶ exʃRi mʃvKgvb eRvq AvʃQ Kx bv A_vʃ exR t_ʃK mʃy Pivi gva` ʃg` ʃʃvneK MʃQ cʃi YZ nʃe Kx bv Zv Rvbi Rb` exʃRi AsKʃi v` Mg ʃʃgZv Rvbi v eʃk l cʃʃqvRb
- ▶ exʃRi 80% AsKʃi v` Mg ʃʃgZv, gvb mʃv b exʃRi GKU cʃv b` ewkó` | exʃR AʃZ 80% AsKʃi v` Mg ʃʃgZv bv vKʃj ZvʃK fij exR ej v nq bv, GgbuK Zv exR uʃmʃe MY` Kiv nq bv

AsKʃi v` Mg ʃʃgZv 80% Gi uʃʃPi exR e`envi Kiʃj t

- ▶ cʃʃqvRbxq msL` K Pivi cvʃ qv hʃq bv
- ▶ mʃy`mej Pivi Drcv` Z nq bv
- ▶ dmj tɛk ti vMʃvʃnʃq Ges dj b Kʃg hʃq |

25.8 fij exR tKv_vq, Kx fiʃe cvʃ qv hʃe?

fij exʃR fij dmj | dmj Drcv` b ewʃ i gj- DcKi YB nʃ`Q DbʃZgvʃbi exR | gvb mʃv b exʃR e`envi i gva` ʃg avʃbi dj b 10-15% ewʃ Kiv mʃe | t` ʃki tgvU exR Pʃv n` vi gvĪ 20% DbʃZgvʃbi exR mi Kʃvi I temi Kʃvi ms` v KZʃ mi ei v n Kiv nʃq vʃK | Gi gʃa` mi Kʃvi e`e`vcbvq uewʃm 10% exR mi ei v n Kʃi vʃK | tɛk dj ʃbi Rb` fij exR e`envi Kiv Ri ʃi |

Dcvqmgʃ

- ▶ uewʃm mKj ti uRóvWʃ vBʃmYcʃB uWj viʃ` i uʃKU t_ʃK exR msMʃ Ki ab | mvi v t` ʃk Zvʃ` i uWj vi uʃqvʃRZ AvʃQ |
- ▶ uewʃ b exʃRi Kʃvi cʃZövb uewʃ t_ʃK uewʃi mʃW uʃtq fij exR Drcv` b Kʃi vʃK | Gme cʃZövb t_ʃK l exR msMʃ Kiv thʃZ cvʃi | Dʃj u` thvM` cʃZövb , ʃj v nj - e`vK, c` ʃʃc, hgbv Mʃc, nʃW (evsj vʃ` k), cʃkKv, Avʃ uWAvʃ Gm, mʃkʃj b, uʃbʃR>Uv (evsj vʃ` k), GbvR` vK GʃMʃ, mʃgʃg mʃW tKv uʃvbx, GʃmAvʃ vj t, bvBKj , tMUʃKv, GʃMʃ vʃk b, Kʃv uewʃ mʃW vj uʃtUW, B` úvʃv b GʃMʃ, b` ʃmʃD_ mʃW, mRvM, cʃvRqv mgvR Kʃj` v b ms` v BZ` w` |
- ▶ ZvQvov, e`vʃMZ Dʃ` vʃM KʃqKkZ ms` v uewʃ t_ʃK uewʃi mʃW uʃtq avʃbi exR Drcv` b Kʃi vʃK | Zvʃ` i mʃv` thvMʃthvM



fij exʃR AvʃK dj b